



OCEAN CITY BEACH PATROL

WEEKLY BULLETIN

Week of July 29, 2013 to August 4, 2013

MONDAY, JULY 29, 2013

WEEKLY MEETING: CONVENTION CENTER – 40th STREET-Southwest corner on steps

OFFICERS' MEETING: 0700hrs

CREW CHIEF MEETING WITH AREA SERGEANTS: 0800hrs

FULL CREW CHIEF MEETING: 0815hrs

SEMAPHORE TEST: 0820hrs—REQUIRED TO PASS PROBATIONARY STAGE

CREW MEETING: 0830hrs (Turn in individual stats, get schedule, assignments, and information from Crew Chief)

USLA ANNOUNCEMENTS: 0845hrs

GENERAL MEETING: 0850hrs

LIEUTENANTS' MEETING: 0945hrs

OCBPSRA: Resumes August 6

Opportunity to Compete: Bethany Beach Ocean Series—Bethany Beach, DE

Mandatory Daily Workout: Run Day— Crew Chief determines specific workouts.

Surfing Beaches: Inlet / 21st St. / 89th St.

Tides: High: 1341hrs

Low: 0723hrs

Special Events: Beach Safety Seminar—OC Lifesaving Museum—1000hrs

Jesus at the Beach Festival—N. Division St.—1900hrs to 2200hrs

USSSA Fast Pitch Eastern World Series Tournament Opening Ceremonies—Inlet—1800hrs

Movies on the Beach—*Wreck-It Ralph*—27th St.—2030hrs

Beach Fireworks—N. Division St.—2230hrs

TUESDAY, JULY 30, 2013

Mayor and City Council to Tour Beach Patrol HQ—0900

JBP Academy IV: A.M. Session A —Day 1—0800hrs –1130hrs (Instructors report at 0730hrs)

P.M. Session B—Day 1—1300hrs –1630hrs

OCBPSRA: None

Opportunity to Compete: No Floor Hockey this Week—Resumes Aug. 6

Mandatory Daily Workout: Swim Day— Crew Chief determines specific workouts.

Surfing Beaches: Inlet / 19th St. / 87th St.

Tides: High: 1440hrs

Low: 0814hrs

Special Events: Family Beach Olympics—27th St.—1830hrs to 2030hrs

Jesus at the Beach Festival— N. Division St.—1900hrs to 2200hrs

Beach Wedding—138th St.—2000hrs

Beach Fireworks—N. Division St.—2230hrs

BETHANY BEACH PATROL / MANGOS

Surf Rescue Challenge 2013

DATE: Monday, July 29, 2013

TIME: Registration 5:45 – 6:15 on the bandstand

Event Starts at 6:30

ENTRY FEE: \$10.00 per competitor: Includes entry, t-shirt (first come, first serve), and after party at Mangos

EVENT 1 Main Beach Medley Relay: Team of 5 guards (any gender) competing in a series of sprint running, swimming, and paddling legs.

BIG RED PADDLE BOARDS

EVENT 2 Run-Swim-Run Relay (5 competitors total, 1 female)

Approx 50y Run, 100y swim, 50y run

EVENT 3 Rescue Dash with can (5 competitors)

EVENT 4 Swim / Run Suicide (4 competitors total, 1 female)

First marker then back, second marker to surf dash rope, back to exchange

EVENT 5 Water Flags: Team (team of 2 competitors) beach flag concept (alternating runs). Upon the command, competitors will execute a beach flag start, turn, and sprint/swim a short distance to the flags out in the water.

EVENT 6 6 x 200 soft sand sprint relay (1 female)

S.R.T. Name:	Monday 7/29/2013	Tuesday 7/30/2013	Wednesday 7/31/2013	Thursday 8/1/2013	Friday 8/2/2013	Saturday 8/3/2013	Sunday 8/4/2013	CREW
Daily Assignment								
								Totals
Rescues								
Preventative actions								
First Aids								

WEDNESDAY, JULY 31, 2013

JBP Academy IV: A.M. Session A—Day 2—0800hrs –1130hrs (Instructors report at 0730hrs)
P.M. Session B—Day 2—1300hrs –1630hrs

Camp Horizon: N. Division St.—1000hrs to 1515hrs—(Note: All Day Beach Day! This is the last camp for the season).

OCBPSRA: None

Opportunity to Compete: All Women's Lifeguard Competition—Sandy Hook, New Jersey

Mandatory Daily Workout: Run Day— Crew Chief determines specific workouts.

Competition Workout: OCBP Triathlon Club—130th St.—Bike-0700hrs/Run-0800hrs

Surfing Beaches: Inlet / 17th St. / 85th St.

Tides: High: 1540hrs

Low: 0905hrs

Special Events: Jesus at the Beach Festival— N. Division St.—1900hrs to 2200hrs

Movies on the Beach—*Despicable Me*—Carousel Hotel—2030hrs

THURSDAY, AUGUST 1, 2013

JBP Academy IV: A.M. Session A—Day 3—0800hrs –1130hrs (Instructors report at 0730hrs)
P.M. Session B—Day 3—1300hrs–1630hrs

JBP One-Day Clinic: 1300hrs-1700hrs

OCBPSRA: None

Opportunity to Compete: None

Mandatory Daily Workout: Swim Day— Crew Chief determines specific workouts.

Surfing Beaches: Inlet / 15th St. / 83rd St.

Tides: High: 1636hrs

Low: 0957hrs

Special Events: Sunset Park Party Night—*Lauren Glick & The Mood Swingers*—S. Division St.—1900hrs

Movies on the Beach—*The Avengers*—Princess Royale—92nd St.—2030hrs

FRIDAY, AUGUST 2, 2013—Pay Day

JBP Academy IV: A.M. Session A—Day 4—0800hrs –1130hrs (Instructors report at 0730hrs)
P.M. Session B—Day 4—1300hrs –1630hrs

OCBPSRA: None

Opportunity to Compete: The OCBP Triathlon is Tomorrow!

Mandatory Daily Workout: Run Day— Crew Chief determines specific workouts.

Surfing Beaches: Inlet / 13th St. / 81st St.

Tides: High: 1725hrs

Low: 1050hrs

Special Events: OC Marlin Club Ladies Heels & Reels Tournament—Sunset Marina

Movies on the Beach—*The Odd Life of Timothy Green*—27th St.—2030hrs

SATURDAY, AUGUST 3, 2013

OCBPSRA: 1 Mile Swim on Tuesday, Aug. 6 (Required for SRT II-ACC)

Opportunity to Compete: OCBP Triathlon—142nd St.—1830hrs

Mandatory Daily Workout: Swim Day— Crew Chief determines specific workouts.

Surfing Beaches: 11th St. / 79th St.

Tides: High: 1809hrs

Low: 1139hrs

Special Events: OC Marlin Club Ladies Heels & Reels Tournament—Sunset Marina

OCBP Triathlon Club **Last Training Workout!**

Wed. 7/31—130th St.

Bike: 0700hrs/ Run : 0800hrs

Sat. 8/3—The Triathlon—142nd St
1830hrs



OCBP TRIATHLON

JBP One Day Clinic **Thursday afternoons** **August 1, 8, 15** **1300hrs to 1700hrs**

Spread the word to kids aged 10-17 who go to the beach near you.

This weekly one-day activity is perfect for kids who are interested in having fun and learning about lifeguarding.



Participants receive an official OCBP t-shirt, whistle, and sunscreen.

Recruiting Opportunities

Our 1st Pre-Employment Physical Skills Evaluation for next season will take place on Saturday, August 10.

Remember to mention this testing opportunity to potential candidates that you know or meet on the beach.

Registration begins at 1000 hrs; testing begins at 1100hrs on the beach at Dorchester St.





Keep your feet in the sand,
until the lifeguard's in the stand!



SUNDAY, AUGUST 4, 2013

OCBPSRA: 1 Mile Swim on Tuesday, Aug. 6 (Required for SRT II-ACC)

Opportunity to Compete: None

Mandatory Daily Workout: Run Day— Crew Chief determines specific workouts.

Surfing Beaches: 9th St. / 77th St.

Tides: High: 0619hrs
Low: 1226hrs

Special Events: Concert & Cruzers—*Nate Clendenen Duo*—*Somerset Plaza*—1500hrs
Beach Wedding—35th St.—1830hrs
Sundaes in the Park—*The Janitors*— Northside Park—1900hrs to 2100hrs
Fireworks on the Bay—Northside Park—125th St--2100hrs
Beach Lights Spectacular—N. Division St.—2130hrs, 2200hrs, & 2230hrs

Equipment Needs

Sgt. Phillips will be available Mondays from 1730 to 1830hrs for equipment needs.



MONDAY, AUGUST 5, 2013

WEEKLY MEETING: CONVENTION CENTER – 41st STREET Northwest corner behind the indoor Food Court

OFFICERS' MEETING: 0700hrs

CREW CHIEF MEETING: 800hrs

AREA MEETING WITH SERGEANTS: 0815hrs

SEMAPHORE TEST: 0820hrs—REQUIRED TO PASS PROBATIONARY STAGE

CREW MEETING: 0830hrs (Turn in individual stats, get schedule and assignments, information from Crew Chief)

GENERAL MEETING: 0845hrs

LIEUTENANTS' MEETING: 0945hrs

OCBPSRA: None

Opportunity to Compete: Rehoboth Beach Junior Lifeguards—Rehoboth Beach, DE

Mandatory Daily Workout: Run Day— Crew Chief determines specific workouts.

Surfing Beaches: Inlet / 7th St. / 75th St.

Tides: High: 0703hrs
Low: 1309hrs

Special Events: Beach Safety Seminar—OC Lifesaving Museum—1000hrs
Beach Wedding—45th St.—1900hrs
Movies on the Beach—*The Smurfs*—27th St.—2030hrs

Crew	2013 Crew Chiefs	Assistant Crew Chiefs
1	Kevin Johnson	Jon Rothermel
2	Liz Vander Clute	Marcela Rojas
3	Jake Ritter	Josh Wilder
4	Phil Fraley	Seth Bergman
5	Alex Desy	Pat Kearns
6	Kelly McGrath	Paul Vassalotti
7	Jenelle Irwin	Pat O'Malley
8	Jon Clouser	Kari Sheahan
9	Dave Cuomo	Bryan Clark
10	Tom Lurie	Mitch Masser
11	Damien Sanzotti	Tom Mechling
12	Steve DeKemper	Adam Grant
13	Dave Haight	Billy Eckert
14	Adam Atwood	Chris Barton
15	Travis Wagner	
16	Justyn Zangwill	Brian Joiner
17	Jake Foy	Joe Stedman

UPCOMING 2013 BEACH PATROL EVENTS

July 23-26	JBP Academy III	July 25—One Day Seminar
July 24	OCBP Women's Competition	—130 th St.—1800hrs
July 27	Crew Comps-N. Division St.	
July 30- Aug. 2	JBP Academy IV- A.M & P.M Sessions	—Aug. 1—One Day Seminar
Aug. 3	OCBP Triathlon	
Aug. 6- Aug. 9	JBP Academy V- A.M & P.M Sessions	—Aug. 8—One Day Seminar
Aug. 10	OCBP Pre-Employment Physical Skills Evaluation	
Aug. 13- Aug. 16	JBP Academy VI	Aug. 15—One Day Seminar
Aug. 17	OCBP Awards Banquet	
Aug. 31	OCBP Pre-Employment Physical Skills Evaluation	

Upcoming Town of Ocean City Special Events

Movies on the Beach	<i>Wreck-It Ralph</i>	July 29	27 th St.	2030hrs
Jesus at the Beach	<i>Music & Ministry</i>	July 29-31	N. Division St.	1900hrs
Family Beach Olympics		July 30	27 th St.	1830hrs
Movies on the Beach	<i>Despicable Me</i>	July 31	Carousel Hotel	2030hrs
Movies on the Beach	<i>The Avengers</i>	Aug. 1	Princess Royale	2030hrs
Arts on the Dock		Aug. 1	OC Fishing Pier	1600hrs
Sunset Park Party Night	<i>Lauren Glick/Mood Swingers</i>	Aug. 1	S. Division St.	1900hrs
Movies on the Beach	<i>Odd Life of Timothy Green</i>	Aug. 2	27 th St.	2030hrs
Concert & Cruzers	<i>Nate Clendenen Duo</i>	Aug. 4	Somerset Plaza	1500hrs
Sundaes in the Park	<i>The Janitors</i>	Aug. 4	Northside Park	1900hrs
Movies on the Beach	<i>The Muppets</i>	Aug. 5	27 th St.	2030hrs
Concert on the Beach	<i>Bob Loughheed</i>	Aug. 7	N. Division St.	2200hrs
Sunset Park Party Night	<i>British Invasion Experience</i>	Aug. 8	S. Division St.	1900hrs
ESA Surf Competition		Aug. 10	36 th St.	Dawn to Dusk
Boogie Board Camp	Endless Summer Surf Shop	Aug. 12-14	38 th St.	1400hrs

OCBP Question-of-the-Week for The Worcester County Times

This Week's Question: I heard a lifeguard telling a friend that the OCBP has already started to test for lifeguards for next summer (2014) on Saturday, August 10, 2013. Why are you testing now for next year? What does testing mean and what can I expect if I pass the test?

Because of the unique demands of the job, the Beach Patrol does not require or recognize certification or past experience with other agencies. All individuals seeking employment with the Ocean City Beach Patrol must successfully complete all aspects of a 10 phase pre-employment physical skills evaluation. Testing for the OCBP is offered in Ocean City and occasionally at select off-site locations if needed. Once a candidate passes the physical skills test and a personal interview, he/she is appointed to a Surf Rescue Academy (67 hours of physical skills and classroom instruction) to be trained in all aspects of surf rescue and first responder skills. After passing a mandatory drug test and successfully completing Surf Rescue Academy, rookie Surf Rescue Technicians are assigned 3 weeks of supervised probation where additional training will take place.

The next two on-site tests in Ocean City will be August 10th and August 31st. If interested please register on-line and check-in beginning at 10 A.M. at Dorchester Street on the Boardwalk. Because we have such a high return rate from one season to the next, it is important that anyone hoping to secure a position for 2014 test as soon as possible. Although we have scheduled testing through June 2014, recent experience has shown that we might not need to hold any testing after our August 31st test. Therefore, testing maybe suspended at anytime.

The reason we begin testing now is to take advantage of the great ocean conditions (warmer water) while recruiting those individuals who have spent a summer living and working in Ocean City but were under a misconception that they did not have the necessary credentials to seek employment as an ocean lifeguard. As these individuals have met Surf Rescue Technicians who are currently working for us over the summer, they come to realize that we provide paid training (\$12.99 per hour and \$14.07 after completing probation) and certifications in Surf Rescue Academy; we require each candidate to pass all phases of the Pre Employment Physical Skills Evaluation which includes a personal interview and receive a recommendation from the evaluation team to receive an appointment to a Surf Rescue Academy. These potential recruits have already spent one summer in Ocean City and are familiar with the area and have already solved the problem of securing seasonal housing. Therefore, when they accept an appointment to a Surf Rescue Academy they are most likely to follow through and actually accept the position the following season (we loose a few recruits each year to personal logistical concerns).

A major reason that we also start testing a year ahead is that we want to have the opportunity to attract and hire the best. With a national lifeguard shortage, we work year round to assure that we have 100% of our positions filled each year, while many other local governments and beach patrols have to close pools, close beaches or reduce coverage.

We encourage anyone interested in becoming a Surf Rescue Technician (lifeguard) to speak to the lifeguard on your beach, go to our website or contact Beach Patrol Head Quarters (410- 289-7556) and register for a specific testing opportunity. For specifics on requirements, test locations, dates, and times, please refer to our website www.ococean.com/ocbp. Click on the JOBS button or email ocbp@ococean.com.

Meet the Lifeguard: Crew Chief Jake Ritter

Crew Chief Jake Ritter has been a member of the Ocean City Beach Patrol for the past six years. As Chief of Crew 3, Ritter is the leader of the guards who sit the stands from 6th Street to 11th Street in what is called the south area. Ritter graduated from UNC Wilmington with B.S. in Biology. During his time at UNCW he founded the Water Polo Club Team. He served as the team captain there for two years. CC Ritter is a member of the USLA and a strong member of the OCBP Tug Team. In his free time he enjoys building and riding bicycles and scooters, paddling and working out in the weight room.

CC Jake Ritter and the other lifeguards of the Ocean City Beach Patrol are glad to answer any of your beach and water safety questions.

The lifeguard's of the Ocean City Beach Patrol are glad to answer any of your beach and water safety questions.



Thanks to all these generous sponsors of the OCBP.





From: Keya Ebersole
Sent: Tuesday, July 23, 2013 12:06 PM
To: Butch Arbin
Subject: A special thank you!

Good Afternoon

On Saturday July 20th, my 10 year old son, Riley Ebersole, was rescued from being hit by a wave and knocked unconscious for a brief time. Riley was saved by your Surf Rescue Team/ Lifeguards and I am ever so grateful! We'd like to send a special thank you letter to them to remind them of the wonderful work they do and how Grateful I am to have them there!

Could you please send me some information on how I can get in touch with them? I can only remember the one lifeguard's name "Liz" she was the first person to help.

I cannot express how thankful we are to have each and everyone of your lifeguards to help watch over us and keep everyone safe!

Thank you in advance for your help in obtaining contact information!

Keya Ebersole

From: Amanda Moraldo
Sent: Friday, July 26, 2013 11:27 PM
To: Butch Arbin
Subject: great job

Dear whom this may concern,

I just wanted to let you know i thought the work of the lifeguards were amazing today at the beach. Also I felt very safe on the beach. After seeing one of the lifeguards rescue someone it inspired me to actually look into classes. The lifeguards name if im right was Andrew I just wanted to say thank you.

Amanda Moraldo



July 22, 2013

Captain Butch Arbin
Ocean City Beach Patrol
109 Dorchester Street
Ocean City, MD 21842

Re: Swim Ocean City Maryland, July 22, 2013

Dear Captain Arbin:

Thank you for the stellar safety support provided by the Ocean City Beach Patrol for the Inaugural Event of Swim Ocean City, Maryland. Swim Ocean City drew in over 500 people to the ocean city area...200 were participants and over 300 support boats, kayakers, family and friends! A special thanks, under your direction, to Lieutenant Skip Lee and his Crew of Lifeguards that are well trained, professional, and nothing but the best. We have received many comments about how safe the swimmers felt swimming on the Ocean City Beaches.

You have an organization that you should be proud of and we were honored to have your team as a partner. The Ocean City Beach Patrol allowed my vision of a point to point swim to support brain trauma research, become a reality. The beaches are one of the best guarded in the Country, and look forward to next year's race.

Thank you again.

All best,

Corey Davis
Race Director, Swim Ocean City, Maryland

CC: Ocean City Council
Lisa Mitchell

Digging Holes in the Sand Can Be Deadly

31 people, mostly kids, have suffocated over the past 10 years, experts say.

By Randy Dotinga
HealthDay Reporter

Mar. 23 (HealthDay News) -- Digging that hole to China on a sandy beach is a summertime rite of passage for many kids.

But a new report reveals that those holes -- even fairly shallow ones -- can collapse and kill.

By sifting through news reports and other sources, researchers found 52 cases of sand-hole collapses in the United States and three other countries -- Australia, Great Britain and New Zealand. Sixty percent of the victims -- 31 people -- died, while many of the others needed rescuing and CPR.

There may be many more cases that weren't reported, said report co-author Dr. Bradley Maron, an internal medicine resident at Boston University Medical Center. "We're trying to increase awareness of something that's generally not associated with a life-threatening event," he said. When people are on the beach, "their concern for safety is directed toward the water," he noted.

Maron became interested in sand-hole dangers in 1995, when he was a lifeguard on the Massachusetts island of Martha's Vineyard. One day, a hole dug in beach sand collapsed around a little girl. Emergency crews were able to locate the girl and provide her with an air pocket while they extricated her, Maron said. She survived.

Maron and his father, Dr. Barry Maron, first wrote about sand-hole collapses in 2001. In a new report published in a letter in the June 21 issue of the *New England Journal of Medicine*, they now follow up on their previous research by tracking down individual cases, most occurring over the past 10 years.

Of the 52 fatal and non-fatal cases reported, victims ranged from 3 to 21 years of age, with an average age of 12. Most victims (87 percent) were boys.

Sand collapses occur in ordinary holes that people dig -- some only a few feet deep -- and in tunnels that collapse. In some cases, people fall into existing holes and the sand collapses around them.

In many cases, parents and others have a hard time figuring out where the victims are because the sand collapses and leaves no sign of them, the younger Maron said. "That makes serious rescue efforts difficult. It's not clear where you should dig, and you can't use heavy equipment," he said.

Sand collapses occur most often at beaches, but they can happen at other places like lakes or even backyards, Maron said.

Not every beach is susceptible to sand collapse, however, said Chris Brewster, president of the United States Life Saving Association, an organization of beach and open water lifeguards.

Southern California beaches, for example, typically have sand that's too dense to allow deep digging, he said.

"Where this tends to happen is where the sand is quite granular, large-grain sand that's easier to dig," he said.

What to do? Common sense is the answer, Maron said: Don't dig holes that are deeper than your knees when you're standing up in them; this rule goes for kids as well as adults. And if you dig a big hole, cover it up when you leave.

And beaches aren't the only sand-hole danger zone. There have been prior reports of children dying after being buried in sand at construction sites, and even in sandboxes, experts warn.

SOURCES: Bradley A. Maron, M.D., internal medicine, Boston University Medical Center and Harvard Medical School; Chris Brewster, president, United States Life Saving Association, San Diego; June 21, 2007, *New England Journal of Medicine*

Copyright © 2013 ABC News Internet Ventures





OCEAN CITY BEACH PATROL

Reservation for Awards Ceremony and Dinner



The 2013 OCBP Awards Ceremony and Dinner will be held on Saturday, August 17, 2013, in the Crystal Ballroom of The Clarion Resort Fontainebleau Hotel on 101st St. Arrival time is from 6:30 to 7:00 pm. The dinner buffet, which will include Prime Rib and Chicken Piccata, will be served promptly at 7:15 pm in the ballroom.

You may pay by cash or check. Please specify in the area below, and include payment with this form.
Payroll deduction is not offered for this event.

RSVP: Please submit this reservation to Lt. Mike Stone by Friday, August 9th

I, _____, will be attending the 2013 OCBP Awards Ceremony and Dinner. I understand that the cost per employee is \$16.00 and that the cost per guest is \$32.00.

	_____ \$16.00 for self
+	_____ \$32.00 per _____ guest(s)
=	\$ _____ for _____ guest(s) & self

_____ I have included payment (cash/check—please circle).

Signature _____

