



# OCEAN CITY BEACH PATROL

## WEEKLY BULLETIN

Week of August 16, 2010 to August 22, 2010

### MONDAY, AUGUST 16, 2010

**WEEKLY MEETING:** CONVENTION CENTER - 40TH STREET

**AREA MEETING WITH SERGEANTS:** 800hrs

**CREW CHIEF MEETING:** 0800hrs

**SEMAPHORE TEST:** 0820hrs—REQUIRED TO PASS PROBATIONARY STAGE

**CREW MEETING:** 0830hrs (Turn in individual stats, get schedule, assignments, and information from Crew Chief)

**OFFICERS' MEETING:** 0830hrs

**GENERAL MEETING:** 0845hrs

**LIEUTENANTS' MEETING:** 0945hrs

**OCBPSRA:** None

**Opportunity to Compete:** None

**Workout:**

**Surfing Beaches:** Inlet/50<sup>th</sup>/130<sup>th</sup> St.

**Tides:** High: 0116hrs and 1359hrs

Low: 0715hrs and 2015hrs

**Special Events:** Beach Safety Seminar—OC Lifesaving Museum—1000hrs

#### Special Request

Several volunteers are needed to assist with the Surfers' Healing event on Monday, Aug. 23. This event is a day-long surf camp for children with autism.

See Lt. Kovacs for more details.

### TUESDAY, AUGUST 17, 2010

**OCBPSRA:** None

**Opportunity to Compete:** OCBP Floor Hockey—Northside Park—1900hrs--\$5.00 per person

**Workout:** 3 rounds of: 25 v-ups, 25 lunges, 20 jump lunges, 10 tuck jumps

**Surfing Beaches:** Inlet/48<sup>th</sup>/128<sup>th</sup> St.

**Tides:** High: 0214hrs and 1504hrs

Low: 0811hrs and 2122hrs

**Special Events** Free Lunch—His Praise Place—Worcester St.—1200hrs to 1300hrs

Free Lifeguard Dinner—OC Baptist Church—N. Division St —1800hrs

Sunset Park Party Night—*The Diamond Heads*--S. Division St.—1900hrs

#### Sunset Park Party Nights

S. Division St. & the Bay  
1900hrs to 2100hrs

Aug. 17—**The Diamond Heads**—Surf Music

The Diamond Heads will be playing surf beach music starting at 1900 hours.

This event is sponsored by the OCDC, Town of OC, and Surfriders Association. Beer, wine and beverages will be available for purchase by the OC Recreation Boosters.

**Notice \*\*\*\* MONDAY, September 6, 2010 \*\*\*\*Notice  
Last Opportunity To Take the Semaphore Test for 2010**

S.R.T. Name:	Monday 8/16/2010	Tuesday 8/17/2010	Wednesday 8/18/2010	Thursday 8/19/2010	Friday 8/20/2010	Saturday 8/21/2010	Sunday 8/22/2010	CREW
Daily Assignment								
Rescues								Totals
Preventative actions								
First Aids								

## **WEDNESDAY, AUGUST 18, 2010**

**OCBPSRA:** None

**Opportunity to Compete:** None

**Workout:** TABATA Squats and Push Ups

**Surfing Beaches:** Inlet/46<sup>th</sup>/126<sup>th</sup> St.

**Tides:** High: 0319hrs and 1613hrs

Low: 0911hrs and 2232hrs

**Special Events:** Camp Ocean Pines Beach Day—OP Beach Club—1000hrs to 1500hrs

Movies on the Beach—*Up*—Carousel Hotel—1845hrs

Concerts on the Beach—*Sir Rod*—2000hrs—N. Division St.

### **Equipment Issues**

Sgt. Kauffman will be available for any equipment issues until 1830hrs on Wednesdays. It is preferable that you let HQ know you are coming.

**Reminder:** You are responsible for the care of all issued equipment. All uniform parts must be kept clean. Missing, damaged, or soiled uniforms or equipment will be charged to you.

## **THURSDAY, AUGUST 19, 2010**

**OCBPSRA:** None

**Opportunity to Compete:** None

**Workout:** 3 rounds of: 40 knee to elbow bicycles, 20 mountain climbers, 10 V ups

**Surfing Beaches:** Inlet/44<sup>th</sup>/124<sup>th</sup> St.

**Tides:** High: 0427hrs and 1717hrs

Low: 1011hrs and 2336hrs

**Special Events:** Free Lunch—His Praise Place—Worcester St.—1200hrs to 1300hrs

Free Dinner—His Praise Place—Worcester St.—1700hrs to 1900hrs

Movies on the Beach—*The Princess & the Frog*—Princess Royale—92<sup>nd</sup> St.—2045hrs

Bonfire Story Hour on the Beach—*Wallops Island*—N. Division St.—2100hrs

### **The Annual OCBP Awards**

#### **Ceremony**

Saturday, August 21, 2010

The Stowaway Grand Hotel

21<sup>st</sup> St.

1845hrs



This event is a ceremonial occasion.  
Please dress and conduct yourself accordingly.

## **FRIDAY, AUGUST 20, 2010-Pay Day!**

**O.I.C.—Lt. Mike Stone**

**OCBPSRA:** None

**Opportunity to Compete:** None

**Workout:** 3 rounds of: 25 push-ups, 25 torso rotation, 10 clap push-ups

**Surfing Beaches:** Inlet/42<sup>nd</sup>/122<sup>nd</sup> St.

**Tides:** High: 0528hrs and 1810hrs

Low: 1111hrs

**Special Events:** Free International Students Coffeehouse—OC Baptist Church—N. Division St.—2100hrs

## **SATURDAY, AUGUST 21, 2010**

**OCBPSRA:** None

**Opportunity to Compete:** None

**Workout:** 3 rounds of: 25 lateral hops, 25 good mornings (Romanian dead lifts), 5 broad jumps

**Surfing Beaches:** 40<sup>th</sup>/120<sup>th</sup> St.

**Tides:** High: 0619hrs and 1854hrs

Low: 2428hrs and 1204hrs

**Special Events:** Delmarva ESA Surf Series Competition—40th St.—0700hrs

Beach Wedding—Carousel—1830hrs

Beach Wedding—Inlet—1600hrs

**OCBP Annual Awards Banquet—Stowaway Grand Hotel—21<sup>st</sup> & Baltimore Ave.—1845hrs**

**SUNDAY, AUGUST 22, 2010**

**OCBPSRA:** None

**Opportunity to Compete:** None

**Workout:** Set 1: TABATA Burpees: 8 rounds of 20 seconds burpees, 10 sec. recovery (4 minutes total) try to do 8-10 burpees during each 20 second interval. / Set 2: 50 sit ups, 20 crunches, 10 dead rock

**Surfing Beaches:** 38<sup>th</sup>/Carousel

**Tides:** High: 0702hrs and 1934hrs  
Low: 0108hrs and 1252hrs

**Special Events:** Radio Disney—"Sizzlin Summer of Stars" grand finale concert with *All Star Weekend*—N. Division St.--1500hrs  
OC Cruisers—Somerset Plaza—1500hrs to 1900hrs  
Sundaes in the Park—*The Groove Train*—Northside Park—1800hrs

**MONDAY, AUGUST 23, 2010**

**WEEKLY MEETING:** CONVENTION CENTER - 40TH STREET

**AREA MEETING WITH SERGEANTS:** 800hrs

**CREW CHIEF MEETING:** 0800hrs

**SEMAPHORE TEST:** 0820hrs—REQUIRED TO PASS PROBATIONARY STAGE

**CREW MEETING:** 0830hrs (Turn in individual stats, get schedule and assignments, information from Crew Chief)

**OFFICERS' MEETING:** 0830hrs

**GENERAL MEETING:** 0845hrs

**LIEUTENANTS' MEETING:** Cancelled

**OCBPSRA:** None

**Opportunity to Compete:** None

**Workout:** TBD

**Surfing Beaches:** Inlet/36<sup>th</sup>/Sea Watch

**Tides:** High: 0743hrs and 2011hrs  
Low: 0142hrs and 1334hrs

**Special Events:** Surfers' Healing Surf Event—37<sup>th</sup> St.—0800hrs to 1700hrs  
Beach Safety Seminar—OC Lifesaving Museum—1000hrs

**Important Tax Information**

Make sure that the address on your paycheck is the same one as where you want your W-2 mailed.

If it is not the same, Contact Dolores in the City Hall Human Resources--410-289-8822

**and**

Contact Secretary Tyler at Headquarters.

**This is Very Important**

**UPCOMING BEACH PATROL EVENTS**

Aug. 18	Beach Day—Camp Ocean Pines
Aug. 21	OCBP Awards Banquet—Stowaway Grand Hotel
Sept. 4	OCBP Pre-Employment Qualifying Skills Test for the 2011 Season
Sept. 6	OCBP Crew Meeting—0830hrs
Sept. 7	OCBP Fall Meeting—1 <sup>st</sup> Day of Fall Guarding—0830hrs
Sept. 12	OCBP Fall Meeting—0830hrs
Sept. 19	OCBP Fall Meeting—0830hrs
Sept. 19	Swim Across America—1.5K/3K—Gibson Sound
Sept. 26	OCBP Fall Meeting—0830hrs

**Upcoming Town of Ocean City Special Events**

Sunset Park Part Nights—Randy Lee Ashcraft	Aug. 24	Northside Park—1800hrs
Concerts on the Beach—Lauren Glick Band	Aug. 25	N. Division St.
Sundaes in the Park— <i>Jesse Garron's Tribute to Elvis</i>	Aug. 29	Northside Park—1800hrs
MD Open Water Swim	Sept. 5	
Sunfest	Sept. 23-26	Inlet

<u>Stats.</u>	<u>Week 12</u> 8/2/10 to 8/8/10	<u>Week 12</u> Year-To- Date 2010	<u>Week 12</u> 8/3/09 to 8/9/09	<u>Week 12</u> Year-To- Date 2009	<u>Week 12</u> 8/4/08 to 8/10/08	<u>Week 12</u> Year-To- Date 2008
<b>Action</b>						
Preventions	6143	42534	4340	51239	3637	58665
Rescues	181	1541	125	2612	24	3108
Minor First Aid	235	1358	115	960	257	1906
Ambulance Calls	31	162	41	221	22	186
Police Calls	3	55	5	54	5	72
USCG/MDNRP	0	10	0	4	5	13
Lost/Found Persons	53	441	85	529	34	408
N. Surf Beach Population	210	839	20	562	NA	NA
S. Surf Beach Population	55	2602	122	3824	NA	NA
Inlet Surf Beach Population	271	1808	84	737	NA	NA
Beach Wheelchair Usage	56	313	54	301	42	310

## OCBP Question-of-the-Week for The Worcester County Times

**Last Week's Question:** I heard a lifeguard telling a friend that the OCBP has already started to test for lifeguards for next summer (2011) on Saturday, August 14. Why are you testing now for next year? What does testing mean and what can I expect if I pass the test?

Because of the unique demands of the job, the beach patrol does not require or recognize certification or past experience with other agencies. All individuals seeking employment with the Ocean City Beach Patrol must successfully complete all aspects of a 10-phase pre-employment physical skills evaluation. Testing for OCBP is offered in Ocean City and if needed at select off-site locations. (No off site test were conducted last year for the current season.) Once a candidate passes the physical skills test and a personal interview, he/she is appointed to a surf rescue academy to be trained in all aspects of surf rescue and first responder skills. After successfully completing surf rescue academy and passing a mandatory drug test, rookie surf rescue technicians are assigned three weeks of supervised probation where additional training takes place.

After the August 14 test, the next on-site test in Ocean City is September 4. Registration starts at 11 a.m. at Dorchester Street on the Boardwalk. Because we have such a high return rate from one season to the next, it is important that anyone hoping to secure a position for the 2011 season test as soon as possible.

The reason we begin testing now is to take advantage of the great ocean conditions (warmer water) while recruiting those individuals who have spent a summer living and working in Ocean City, but were under a misconception that they did not have the necessary credentials to seek employment as an ocean lifeguard. As these individuals have met surf rescue technicians who are currently working for us over the summer, they come to realize that we provide paid training( \$13.25 per hour and \$14.42 after probation, 2010 pay rates) and certifications in surf rescue academy; all that is required is the physical ability to pass the test and receive an appointment to a surf rescue academy. These potential recruits have already spent one summer in Ocean City and are familiar with the area and have solved the problem of securing seasonal housing. Therefore, when they accept an appointment to a surf rescue academy they are most likely to follow through and actually accept the position the following season (we lose a few recruits each year to personal logistical concerns).

A major reason that we also start testing a year ahead is that we want to have the opportunity to attract and hire the best. With a national lifeguard shortage, we work year round to assure that we have 100 percent of our positions filled each year, while other beach patrols have to close pools and beaches. We encourage anyone interested in becoming a lifeguard to speak to the lifeguard on your beach, go to our website or contact Beach Patrol Headquarters (410-289-7556). For specifics on requirements, test locations, dates and times, please refer to [www.ococean.com/ocbp](http://www.ococean.com/ocbp). Although pre-registration is not required, it is helpful for planning purposes and will save you time during registration. To pre-register, click on the "register for upcoming tests" link under Site Updates.

**This Week's Question:** I was staying on the beach in one of the high rises when the guard pulled everyone together and told us to be careful because the shorebreak was expected to be particularly bad. Although the lifeguard explained to all of us the dangers of shorebreak, what else can you tell me about this type of danger?

Before you can understand shorebreak, you need to understand a little bit about wave action and the contour of the ocean's bottom close to shore. A wave is a body of water moving along the surface of the ocean. It loses speed and gains height when it approaches the shore. As this happens, the depth of the water below the wave is becoming increasingly shallower. The size of the wave is affected by how strong the wind is, the direction from which it is blowing and tropical activity in the Atlantic. As tropical events form and approach the east coast they cause large and sometimes rough surf especially in late July and August. As a wave passes over the ocean bottom and the depth decreases, the energy of the wave is forced up until the wave can no longer maintain its form and it breaks (top of wave plunges forward). Depending on the tide, and the depth of the water, the waves may break on the sandbar causing the force of the wave to plunge into the deeper trough (this is the type of wave that is appropriate for body surfing or body boarding). However, during high tide the depth of the water over the sandbar will allow the wave to continue toward the beach continuing, building in size until it eventually runs out of water depth as it arrives on the beach. When this happens, the wave will break on the shoreline with all of its crushing force. This is what we call shorebreak, and consequently, swimmers in shorebreak land directly on the sand. These waves are unpredictable and dangerous because they can cause serious shoulder, neck, and spinal injuries to even the most experienced swimmer. The Beach Patrol recommends that you never attempt to ride waves that are breaking on the shore or play in the impact zone (the area where the force of the wave is being delivered)

Although the Beach Patrol treats even the most minor injury to the head (abrasion on forehead, bloody nose etc.) as though it was a life and death spinal cord injury, most turn out to be minor muscular injuries rather than the more serious fractures of the vertebral column. Of the suspected head/neck and spinal injuries we respond to, 60% are caused by swimmers who ride a wave into shore incorrectly, and the other 40% are caused by swimmers diving into shallow water or doing tricks such as flips and striking their head or neck on the ocean floor. Be reassured that when the need arises, the Ocean City Beach Patrol is ready to respond. We have worked with trauma doctors to develop a specialized technique to manage suspected head, neck, and back injuries. Although every Surf Rescue Technician is trained and skilled in the use of these techniques, it is far better for our beach patrons to have injuries prevented rather than treated. When body surfing, we recommend doing so with your head up and your arms out in front of the body to protect yourself. If using a boogie board, make sure you keep it out in front of you to prevent your head from hitting the shore (ride on the back half).

Taking responsibility for your own actions and spreading the caution about spinal cord injuries is the greatest form of prevention we have. Many people just do not realize that wet sand is just as un-yielding as concrete and that it is the bones of the spinal column that cause the damage and possible paralysis that results from the impact of your head, neck, or back with the beach. Most people would never think of attempting a flip in the middle of a parking lot for fear of striking the ground. However, many of these same individuals will attempt these aerial maneuvers on the beach or into a few inches of ocean water, with the all too often result of witnessing our spinal extraction technique first hand. Please, use your head to protect your spine and think before diving or riding breaking waves into the beach. Have fun but remain safe! The Beach Patrol reminds you to always check water depth before diving. Our saying is, "Feet first, first time," which is to remind you to walk out into the surf rather than running and diving. Whenever in doubt, please feel free to ask the lifeguard on duty what the current conditions are.

Striking the ocean bottom with your head or neck may cause serious injuries, paralysis, or death.  
"Feet first, first time" to check the water depth.



## Attaboy!!!

Tides for Ocean City Inlet—August 16-23, 2010						
Day	Tide Time	Height Feet	Sunrise Sunset	Moon Time	% Moon Visible	
M 16	High 1:16 AM	2.1	6:16 AM	Rise 1:58 PM	40	
16	Low 7:15 AM	0.1	7:53 PM	Set 11:42 PM		
16	High 1:59 PM	2.6				
16	Low 8:15 PM	0.4				
Tu 17	High 2:14 AM	1.9	6:17 AM	Rise 3:01 PM	51	
17	Low 8:11 AM	0.1	7:52 PM			
17	High 3:04 PM	2.5				
17	Low 9:22 PM	0.5				
W 18	High 3:19 AM	1.8	6:18 AM	Set 12:30 AM	61	
18	Low 9:11 AM	0.3	7:50 PM	Rise 3:58 PM		
18	High 4:13 PM	2.4				
18	Low 10:32 PM	0.6				
Th 19	High 4:27 AM	1.8	6:19 AM	Set 1:24 AM	71	
19	Low 10:11 AM	0.3	7:49 PM	Rise 4:47 PM		
19	High 5:17 PM	2.4				
19	Low 11:36 PM	0.5				
F 20	High 5:28 AM	1.8	6:19 AM	Set 2:22 AM	80	
20	Low 11:11 AM	0.3	7:48 PM	Rise 5:28 PM		
20	High 6:10 PM	2.5				
Sa 21	Low 12:28 AM	0.5	6:20 AM	Set 3:21 AM	87	
21	High 6:19 AM	1.9	7:46 PM	Rise 6:04 PM		
21	Low 12:04 PM	0.3				
21	High 6:54 PM	2.5				
Su 22	Low 1:08 AM	0.5	6:21 AM	Set 4:21 AM	92	
22	High 7:02 AM	1.9	7:45 PM	Rise 6:35 PM		
22	Low 12:52 PM	0.2				
22	High 7:34 PM	2.5				
M 23	Low 1:42 AM	0.4	6:22 AM	Set 5:19 AM	97	
23	High 7:43 AM	2.1	7:44 PM	Rise 7:02 PM		
23	Low 1:34 PM	0.1				
23	High 8:11 PM	2.6				

**Sent:** Monday, August 09, 2010 9:38 PM  
**To:** Butch Arbin  
**Subject:** Jay on 139th Street

To Whom This May Concern,

This email is sent as a way of praising your lifeguard, Jay at 139th Street in Ocean City Maryland. My family and I were on vacation last week and had the pleasure of meeting Jay. He started the day with gathering everyone young and old around his stand. He introduced himself and ensured we understood the safety of swimming. He made it a point to personally connect with everyone who surrounded his stand. The surf was rough that day and Jay was in and out of the water many times. At one point, I heard him tell someone, "better safe than sorry!"

As a former lifeguard and Water Safety Instructor I have to say I was impressed. In addition, to being impressed I felt very safe knowing Jay was on the stand.

***Jay is a leader, and an assets to the Ocean City Beach Patrol.***

Kathy Rumford



Keep your feet in the sand,  
until the lifeguard's in the stand!



**Sent:** Tuesday, August 03, 2010 10:16 AM  
**To:** Butch Arbin  
**Cc:** Ryan Cowder  
**Subject:** Lifeguard-129th Street

Mr. Arbin,

I wanted to write to you to tell you what a great job the lifeguard(s) on 129<sup>th</sup> street did last week, specifically on July 30<sup>th</sup>. My extended family (40+ people) vacationed July 24<sup>th</sup> to the 31<sup>st</sup>. We all spread out on the beach between 128<sup>th</sup> and 129<sup>th</sup> street. On July 30<sup>th</sup>, there was a very strong northeast wind blowing. There was also a severe rip tide, which at the time we were unaware of. The gentleman guarding the beach last week had dark curly hair. He made it a point to inform many swimmers of the dangers of a rip tide and what to do if caught in one. We witnessed this gentleman enter the water over a half dozen times to rescue swimmers caught in the rip tide. On one rescue, he assisted four people at one time. The young lady that took watch around lunch time actually rescued one of my family members. Our family used to swim after the guards were off duty. NOT ANYMORE!!! I hate to think about what could have happened had my niece been swimming without a lifeguard on duty. It is very reassuring to know that my family is protected by such a well trained and professional group of individuals. I would appreciate it if you would please pass along my gratitude to both lifeguards. Thank you.

Joe Flynn

**Joseph P. Flynn**

Assistant Vice President and Senior Account Executive  
 First American Title Insurance Company  
 Southeast Division



11350 McCormick Road, Executive Plaza III, Suite 804  
 Hunt Valley, Maryland 21030

<b>OCBPSRA 1 Mile Run</b>		
<b>August 10, 2010</b>		
<b>Name</b>	<b>Crew</b>	<b>Time</b>
John Andrews	1	6:55
Andrey Levchenko	5	7:15
Harrison Fisher	14	7:27
Kevin Johnson	1	7:36
Kalani Linnell	4	7:48
Jarred Sears	3	7:49

<b>OCBPSRA Run-Swim-Run</b>		
<b>August 11, 2010</b>		
<b>Name</b>	<b>Crew</b>	<b>Time</b>
Kevin Johnson	1	10:12
Emmanuelle Ouellet	1	10:30
Jenelle Irwin	1	10:59
Lucie Lagace	12	11:08
Dan Pogonowski	15	11:09
Kalani Linnell	4	11:16
Genevieve Beaulieu	10	11:34
John Andrewa	1	11:44
Jarred Sears	3	12:28

<b>OCBP Surf Rescue Association – Price List</b>	
Water Bottles	\$10.00
Travel Coffee Mugs	\$10.00
Whistles	\$5.00
Lanyards	\$6.00
Buoy Key Chains	\$4.00
Car window sticker "Ocean City Beach Patrol"	\$2.00
Beach Patrol Logo Tattoos	\$.25
Grey or White Ringer T-Shirts	\$10.00
Sweatshirts Adult	\$30.00
Child	\$25.00
Captain Craig T-shirts	\$10.00
Long-sleeved T-shirts	\$15.00
Hats – 1 for \$6.00 or 2 for \$10.00	
Swim Cap 1 for \$8.00/ 2 for \$15.00	



<b>OCBPSRA 200m Soft Sand Sprint</b>		
<b>August 12, 2010</b>		
<b>Name</b>	<b>Crew</b>	<b>Time</b>
Luca Fortin	5	29:00
Jacob Ritter	9	30:00
Dan Pogonowski	15	31:00
John Andrews	1	32:00
Jarred Sears	3	34:00
Chris Cornwell	5	34:00
Kalanai Linnell	4	36:00
Lucie Lagace	12	37:00
Laura Allen	9	37:00
Genevieve Beaulieu	10	38:00

**Please note the important end of the season information in the boxes below.**

**Important Notice Regarding Leaving Early**

As Captain informed you at the Monday meeting on 8/9/10, anyone who leaves earlier than the date which he/she originally provided will be considered as quitting without notice and will be required to return ALL OCBP issued uniform and equipment items, including bathing suits, hats, whistles, and ID cards. Any items not returned will be deducted from your final paycheck, and your direct deposit will be cancelled until we have verified that you have satisfied all debts with the OCBP and the Town of O.C.

**Equipment Turn in Procedure for Full Time Changing to Part-Time**

If you live more than 30 miles away, you are required to turn in all equipment once you end your full-time position (available 7 days a week). If you are working part-time after this time, you will pick up equipment before you are scheduled for duty.

**Employee Evaluations – Not the Entire Picture**

Although having satisfactory evaluations is very important, they are only one aspect of each person's summative performance rating. Employee commendations, incidents, responsibility for equipment, amount of time worked, amount of time taken off, fulfilling work agreement, and last day worked are all considered by the review panel. Only once a full and complete assessment is made will a final recommendation be made to the Captain, regarding an employee's status for the next season.

**Crew Chief Equipment**

All issued equipment must be returned on your last day. Equipment that is given to you does not need to be returned: collared shirt, jacket, bathing suits, whistle, and hats. Once all equipment is accounted for, you will be immediately reissued equipment that is necessary for participation in the winter testing program. If you do not plan on becoming involved in the off-site tests, then you will not need to be issued any additional equipment. As with all employees, a crew chief who leaves without completing his/her commitment will be required to return ALL equipment that was given by the Beach Patrol. The purpose of this policy is to have an accurate inventory and to minimize the loss of equipment should a Crew Chief decide not to return in subsequent years. Any and all equipment not returned will be deducted from your final paycheck.

**DO NOT FORGET THE BEACH PATROL WHEN YOU MAKE CHANGES**

If you make any changes in the contact information that you have on file with us, it is your responsibility to let us know. If this coming season is as we predict, we will not be allowing personnel to return who have missed deadlines. Having mail returned or lost in forwarding may cause you to miss an important deadline.

**E-mail** – With free accounts and school accounts that are often changed you need to let us know immediately. We use e-mail to keep everyone informed of events and activities as well as confirming information and to get out quick updates.

**Winter address** – This is used to send U.S. mail such as newsletters, incentive checks, invitations to return, and other paperwork.

**Permanent address** – This address is not used by the Beach Patrol but is used by the Town of Ocean City to send tax information (W-2).

## **JOHN P. DUNNIGAN PHOTOGRAPHY**

You can see and order all the shots from this season's formal photo session at John's website, [jpdphotography.com](http://jpdphotography.com). Click on the "OCBP" link at the bottom of the page (shots from this year's CrewComp will be up soon).

Remember, as well as prints of all sizes, you can also order lots of different merchandise (mugs, mouse pads, key tags, magnets, playing cards). They make great gifts and personal mementos. If you have any questions you can always contact John through his website by hitting "Contact" at the bottom of his main webpage and/or emailing him directly at [johnpdunnigan@comcast.net](mailto:johnpdunnigan@comcast.net).



### **Important Notice**

**Please note the dates and times of the remaining weekly meetings and adjust your calendar accordingly.**

Monday, August 23  
Convention Center—0800hrs

Monday, August 30  
Convention Center—0800hrs

Monday, September 6 (Labor Day)  
Convention Center—0800hrs

Tuesday, September 7 (Start of Fall Patrol)  
HQ Training Room—0830hrs

**Beginning on September 12, the weekly meetings will move to City Hall on Sundays.**

Sunday, September 12  
City Hall—0830hrs

Sunday, September 19  
City Hall—0830hrs

Sunday, September 26  
City Hall—0830hrs

### **OCBP License Plates**

**Listed below are the guidelines for receiving these special logo plates**



Your vehicle must be registered in Maryland.

Pick up the MVA form VR-124 from Captain Arbin.

Fill out form completely.

Attach a check made payable to the Ocean City Beach Patrol Surf Rescue Association (OCBPSRA) for \$50.00. This is a one-time fee and will not be charged again.

If you are requesting a specific number, make sure it is still available.

Return form to Beach Patrol Headquarters. Do not send or take to MVA—the form needs an authorizing signature to process.

Once the VR-124 form and check have been received, it takes 4-6 weeks to receive the tags. They will be mailed to the address on your registration.

In the future, you will receive the regular tag renewal application directly from the MVA every 2 years.

## Attaboys

DONA G. MEISE  
CENTREVILLE, MD 21617

August 12, 2010

Captain Butch Arbin  
Ocean City Beach Patrol  
109 Dorchester Street  
Ocean City, MD 21842

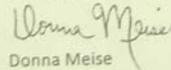
Dear Captain Arbin:

I want to acknowledge the cooperation of the Ocean City Beach Patrol and Sergeant Brent Weingard. While on vacation the week of June 25<sup>th</sup> to July 3<sup>rd</sup>, I was on crutches waiting for an operation on my knee that occurred July 21<sup>st</sup>. I walked across the beach on crutches to the tune of 20 minutes at 12th Street and was exhausted by the time I reached the ocean. My husband was told by the life guard I could call the Beach Patrol and be driven to the boardwalk on a 4 wheeler. Much to my appreciation, Sergeant Weingard was called and came right to the beach, picked me up, and drove to the steps by the boardwalk. I know of two times, possibly three, which this service was performed and I want to express my heartfelt thanks to this officer who was always there to help someone.

I hope to return to Ocean City again next summer minus the crutches, but I know if I am still in need someone will be there to lend me a hand. You have trained your Beach Patrol to their best.

Thank you for a job well done and appreciated!

Sincerely,



Donna Meise

cc: 17 Sergeant Brent Weingard

11:22PM

### Quick action by lifeguards, paramedics, doctors and nurses saved my life

The Salisbury Daily Times--August 13, 2010

On July 11, I visited Ocean City. It was hot and the water was rough. I suffered a severe head injury in that rough water.

If not for the fast action of the Beach Patrol in notifying paramedics and in turn, the paramedics getting me to the hospital, I would not be here.

My thanks to those responsible for getting me medical help. This accident was one I thought would never happen. Upon arriving at Atlantic General Hospital, tests were run that indicated I was bleeding from the brain. My family told me the doctors and nurses acted quickly and made sure I got the help I needed. To them, I am eternally grateful -- although I know they do this every day, they don't get thanked or appreciated enough. I'm sorry I can't remember anyone's names, but I am forever in their debt.

Upon being transferred to Peninsula Regional Medical Center, I was greeted by Drs. Pierre and Cinderella. I immediately underwent brain surgery.

Not knowing anything that was going on, I was treated with the utmost professionalism. My family was treated well and made to feel at ease by the PRMC staff. I was in ICU for five days, where everyone was extremely professional in demeanor.

So to all the lifeguards, paramedics, doctors and nurses at both hospitals, I say thank you with all my heart. I'm at home recovering and should be back to work soon, with a new appreciation for all medical people.

God bless all of you -- I hope everyone appreciates you just like I do.

Thomas Parsons  
Delmar

**For Sale**  
**XM Double Soft Surfboard Roof Rack**  
**\$30.00**  
**Contact C.C. Ben Davis—Crew 1**



**For Sale**

**Purple 1999 SeaDoo Bombardier Jet ski**  
**Newly upholstered seat covers (June 2010)**  
**Recently serviced and running very well (July 2010) Waterways, OC MD**  
**Comes with cover and trailer**  
**Has only had 1 owner. Garage kept during the winter**  
**\$2500.00**  
**Call Kristin: 301 751 3021**

