



OCEAN CITY BEACH PATROL

WEEKLY BULLETIN

Week of August 23, 2010 to August 29, 2010

MONDAY, AUGUST 23, 2010

WEEKLY MEETING: CONVENTION CENTER - 40TH STREET

AREA MEETING WITH SERGEANTS: 800hrs

CREW CHIEF MEETING: 0800hrs

SEMAPHORE TEST: 0820hrs—REQUIRED TO PASS PROBATIONARY STAGE

CREW MEETING: 0830hrs (Turn in individual stats, get schedule and assignments, information from Crew Chief)

OFFICERS' MEETING: 0830hrs

GENERAL MEETING: 0845hrs

LIEUTENANTS' MEETING: Cancelled

OCBPSRA: None

Opportunity to Compete: None

Workout: 3 rounds of: 25 v-ups, 25 lunges, 20 jump lunges, 10 tuck jumps

Surfing Beaches: Inlet/36th/Sea Watch

Tides: High: 0743hrs and 2011hrs

Low: 0142hrs and 1334hrs

Special Events: Surfers' Healing Surf Event—37th St.—0800hrs to 1700hrs

Beach Safety Seminar—OC Lifesaving Museum—1000hrs

Jamie, Lara, and Jack Falcon are proud to announce the latest addition to their family:

Elizabeth (Ella) Jane Falcon

August 17, 2010

9lb. 6oz.

20.5 inches

8:37 A.M.



~AND~

Ed and Elizabeth Fisher are proud to announce the arrival of their deux petits garçons on August 19, 2010:

Ian (5lb. 5oz./ 20") and Noah (6lb. 6 oz./ 20")



TUESDAY, AUGUST 24, 2010

Officer-in-Charge: Lt. Ward Kovacs

OCBPSRA: None

Opportunity to Compete: None

Workout: 3 rounds of 20 jump lunges followed by 50 yard-high knee sprints/strides

3 rounds of 10 broad jumps followed by 25 yard skips

Surfing Beaches: Inlet/34th/Rainbow

Tides: High: 0823hrs and 2047hrs

Low: 0214hrs and 1413hrs

Special Events: Free Lifeguard Dinner—OC Baptist Church—N. Division St —1800hrs

Sunset Park Party Night—Randy Lee Ashcraft & the Saltwater Cowboys--S. Division St.—1900hrs--Last Show of the Season

S.R.T. Name:	Monday 8/23/2010	Tuesday 8/24/2010	Wednesday 8/25/2010	Thursday 8/26/2010	Friday 8/27/2010	Saturday 8/28/2010	Sunday 8/29/2010	CREW
Daily Assignment								
Rescues								Totals
Preventative actions								
First Aids								

WEDNESDAY, AUGUST 25, 2010

Officer-in-Charge: Lt. Ward Kovacs

OCBPSRA: None

Opportunity to Compete: None

Workout: 1 round of TABATA (20 sec. hard / 10 sec easy) crunches
1 round of TABATA (20 sec. hard / 10 sec easy) push ups

Surfing Beaches: Inlet/32nd/Golden Sands

Tides: High: 0902hrs and 2124hrs

Low: 0245hrs and 1451hrs

Special Events: Movies on the Beach— *The Princess & the Frog*—Carousel Hotel—1845hrs
Concerts on the Beach—*The Lauren Glick Band*—2000hrs—N. Division St.

Equipment Turn in Procedure for Full Time Changing to Part-Time

If you live more than 30 miles away, you are required to turn in all equipment once you end your full-time position (available 7 days a week). If you are working part-time after this time, you will pick up equipment before you are scheduled for duty.

THURSDAY, AUGUST 26, 2010

Officer-in-Charge: Lt. Ward Kovacs

OCBPSRA: None

Opportunity to Compete: None

Workout: 2 rounds of (75 squats as fast as possible, 10 tuck jumps, 25 mountain climbers)

Surfing Beaches: Inlet/30th/Clarion

Tides: High: 0940hrs and 2200hrs

Low: 0317hrs and 1530hrs

Special Events: Movies on the Beach—*How to Train Your Dragon*—Princess Royale—92nd St.—2045hrs

Important Tax Information

Make sure that the address on your paycheck is the same one as where you want your W-2 mailed.

If it is not the same,

Contact Dolores in the City Hall Human Resources--410-289-8822

and

Contact Secretary Tyler at Headquarters.

This is Very Important

FRIDAY, AUGUST 27, 2010

Officer-in-Charge: Lt. Mike Stone

OCBPSRA: None

Opportunity to Compete: None

Workout: 5 rounds of (10 push up side hops, 10 push up superman, 10 torso rotation)

Surfing Beaches: Inlet/28th/Plaza

Tides: High: 1019hrs and 2236hrs

Low: 0350hrs and 1609hrs

Special Events: None

Banquet Videos and Slide Show

If you are interested in obtaining a personal copy of any of the videos or slide shows previewed at the Awards Banquet, **let Lt. Mike Stone know.**
Official Beach Patrol Video- \$5.00.

John Dunnigan video slide show DVD- \$10.00
(see Lt. Stone for a copy)

SATURDAY, AUGUST 28, 2010

OCBPSRA: None

Opportunity to Compete: None

Workout: 2 rounds of 50 knee to elbow bicycles, 25 VUPs, 25 crunches, 25 dead rock

Surfing Beaches: 26th/Flying Cloud

Tides: High: 1057hrs and 2313hrs

Low: 0424hrs and 1650hrs

Special Events: Beach Wedding—38th St.—1500hrs

Notice ** MONDAY, September 6, 2010 ****Notice
Last Opportunity To Take the Semaphore Test for 2010**

SUNDAY, AUGUST 29, 2010—End of Pay Period

OCBPSRA: None

Opportunity to Compete: None

Workout: 4 rounds of 20 squat thrusts, 20 lateral hops, 20 mountain climbers

Surfing Beaches: 24th/93rd St.

Tides: High: 1136hrs and 2351hrs
Low: 0500hrs and 1734hrs

Special Events: Sundaes in the Park—*Jesse Garron's Tribute to Elvis*—Northside Park—1800hrs

MONDAY, AUGUST 30, 2010

Officer-in-Charge: Lt. Ward Kovacs

WEEKLY MEETING: CONVENTION CENTER - 40TH STREET

AREA MEETING WITH SERGEANTS: 800hrs

CREW CHIEF MEETING: 0800hrs

SEMAPHORE TEST: 0820hrs—REQUIRED TO PASS PROBATIONARY STAGE

CREW MEETING: 0830hrs (Turn in individual stats, get schedule and assignments, information from Crew Chief)

OFFICERS' MEETING: 0830hrs

GENERAL MEETING: 0845hrs

LIEUTENANTS' MEETING: Cancelled

OCBPSRA: None

Opportunity to Compete: None

Workout: TBD

Surfing Beaches: Inlet/22nd/91stSt.

Tides: High: 1218hrs
Low: 0539hrs and 1823hrs

Special Events: None

UPCOMING BEACH PATROL EVENTS

Sept. 4	OCBP Pre-Employment Qualifying Skills Test for the 2011 Season
Sept. 6	OCBP Crew Meeting—0830hrs
Sept. 7	OCBP Fall Meeting—1 st Day of Fall Guarding—0830hrs
Sept. 12	OCBP Fall Meeting—0830hrs
Sept. 19	OCBP Fall Meeting—0830hrs
Sept. 19	Swim Across America—1.5K/3K—Gibson Sound
Sept. 26	OCBP Fall Meeting—0830hrs

Upcoming Town of Ocean City Special Events

Sunset Park Party Nights—Randy Lee Ashcraft	Aug. 24	Northside Park—1800hrs
Concerts on the Beach—Lauren Glick Band	Aug. 25	N. Division St.
Sundaes in the Park— <i>Jesse Garron's Tribute to Elvis</i>	Aug. 29	Northside Park—1800hrs
Labor Day Weekend Art & Craft Show	Sept. 3-5	Convention Ctr-1000hrs
MD Open Water Swim	Sept. 5	
Sunfest	Sept. 23-26	Inlet

<u>Stats.</u>	<u>Week 13</u> 8/9/10 to 8/15/10	<u>Week 13</u> Year-To- Date 2010	<u>Week 13</u> 8/10/09 to 8/16/09	<u>Week 13</u> Year-To- Date 2009	<u>Week 13</u> 8/11/08 to 8/17/08	<u>Week 13</u> Year-To- Date 2008
Action						
Preventions	13759	56293	2609	53848	4484	63149
Rescues	697	2238	44	2656	201	3309
Minor First Aid	179	1537	271	1231	188	2094
Ambulance Calls	19	181	12	233	27	213
Police Calls	4	59	3	57	6	78
USCG/MDNRP	0	10	0	4	2	15
Lost/Found Persons	54	495	57	586	75	483
N. Surf Beach Population	197	1041	0	562	NA	NA
S. Surf Beach Population	294	2941	18	3842	NA	NA
Inlet Surf Beach Population	74	345	9	746	NA	NA
Beach Wheelchair Usage	45	358	34	335	38	348

OCBP Question-of-the-Week for The Worcester County Times

Last Week's Question: I was staying on the beach in one of the high rises when the guard pulled everyone together and told us to be careful because the shorebreak was expected to be particularly bad. Although the lifeguard explained to all of us the dangers of shorebreak, what else can you tell me about this type of danger?

Before you can understand shorebreak, you need to understand a little bit about wave action and the contour of the ocean's bottom close to shore. A wave is a body of water moving along the surface of the ocean. It loses speed and gains height when it approaches the shore. As this happens, the depth of the water below the wave is becoming increasingly shallower. The size of the wave is affected by how strong the wind is, the direction from which it is blowing and tropical activity in the Atlantic. As tropical events form and approach the east coast they cause large and sometimes rough surf especially in late July and August. As a wave passes over the ocean bottom and the depth decreases, the energy of the wave is forced up until the wave can no longer maintain its form and it breaks (top of wave plunges forward). Depending on the tide, and the depth of the water, the waves may break on the sandbar causing the force of the wave to plunge into the deeper trough (this is the type of wave that is appropriate for body surfing or body boarding). However, during high tide the depth of the water over the sandbar will allow the wave to continue toward the beach continuing, building in size until it eventually runs out of water depth as it arrives on the beach. When this happens, the wave will break on the shoreline with all of its crushing force. This is what we call shorebreak, and consequently, swimmers in shorebreak land directly on the sand. These waves are unpredictable and dangerous because they can cause serious shoulder, neck, and spinal injuries to even the most experienced swimmer. The Beach Patrol recommends that you never attempt to ride waves that are breaking on the shore or play in the impact zone (the area where the force of the wave is being delivered)

Although the Beach Patrol treats even the most minor injury to the head (abrasion on forehead, bloody nose etc.) as though it was a life and death spinal cord injury, most turn out to be minor muscular injuries rather than the more serious fractures of the vertebral column. Of the suspected head/neck and spinal injuries we respond to, 60% are caused by swimmers who ride a wave into shore incorrectly, and the other 40% are caused by swimmers diving into shallow water or doing tricks such as flips and striking their head or neck on the ocean floor. Be reassured that when the need arises, the Ocean City Beach Patrol is ready to respond. We have worked with trauma doctors to develop a specialized technique to manage suspected head, neck, and back injuries. Although every Surf Rescue Technician is trained and skilled in the use of these techniques, it is far better for our beach patrons to have injuries prevented rather than treated. When body surfing, we recommend doing so with your head up and your arms out in front of the body to protect yourself. If using a boogie board, make sure you keep it out in front of you to prevent your head from hitting the shore (ride on the back half).

Taking responsibility for your own actions and spreading the caution about spinal cord injuries is the greatest form of prevention we have. Many people just do not realize that wet sand is just as un-yielding as concrete and that it is the bones of the spinal column that cause the damage and possible paralysis that results from the impact of your head, neck, or back with the beach. Most people would never think of attempting a flip in the middle of a parking lot for fear of striking the ground. However, many of these same individuals will attempt these aerial maneuvers on the beach or into a few inches of ocean water, with the all too often result of witnessing our spinal extraction technique first hand.

Please, use your head to protect your spine and think before diving or riding breaking waves into the beach. Have fun but remain safe! The Beach Patrol reminds you to always check water depth before diving. Our saying is, "Feet first, first time," which is to remind you to walk out into the surf rather than running and diving. Whenever in doubt, please feel free to ask the lifeguard on duty what the current conditions are.



This Week's Question: When I came to the beach last year around this time, the lifeguards were not allowing any swimmers in the ocean at all one day, yet I saw surfers out in the ocean. The weather seemed like it was a great beach day and I was surprised I wasn't even allowed to go wading. Why?

This is the time of year that Ocean City experiences an increase in the volume and size of waves due to tropical activity in the Atlantic. August and September are traditionally our large surf months, producing larger waves, dangerous rip currents and hazardous shorebreak. Larger waves bring more water into shore, which has to escape out through the rips, meaning that rip currents become larger, longer, faster moving and deadlier. As these systems move closer to our coast, the impact becomes greater and the potential for dangerous conditions becomes more likely. The weekend that you are referring to from last year had a high tide, which occurred at 10 a.m. We had 4-6 foot wave height with an occasional 8-foot swell breaking right on the beach called shorebreak. As a result it was unsafe for anyone to be in the impact zone (wading to waist deep). Additionally, as the tide receded going to low this is the perfect recipe for the most dangerous rip activity. For this reason there was no safe area for the general public to enjoy the ocean except for the pools of ocean water that became trapped on the beach (tide pools).

Tide pools are a result of the extreme high tides when large pockets of water are left pooling or trapped on the beach. Although the amount of water may vary from a few inches to a few feet deep and the size may be as small as a backyard pool or as large as several city blocks, most tide pools are only a few inches deep and less than a block long. Because of the relatively small quantity of water, the sun heats it and it is much warmer than the ocean and it usually has no wave action, making it very inviting. So even though the ocean was closed to swimmers for one day, many people came to the beach and found a tide pool that they could play in.

Surfers and experienced body boarders with swim fins were allowed in the ocean on that day because the equipment used for these sports gives flotation and the people who usually have this type of equipment are far more experienced. The extra flotation makes it safer for these individuals to enjoy their sport while providing additional assistance should a beach patron disregard the warnings of the beach patrol and find themselves being pulled away from the beach in a rip current. Typically surfers and body boarders have the experience and skills to keep themselves out of danger compared to the typical tourist who buys a boogie board at a sundry shop and has little to no knowledge of the ocean. Note: At 7:15 p.m. on the day after the day in question (ocean closed to swimmers) three children who were allowed to go swimming with parents watching from the beach were suddenly pulled into deeper water and were unable to return to safety. Fortunately an alert surfer in the area recognized the developing situation and was able to paddle into the deadly rip current and place two of the struggling children on his board and assisted the third out of the rip current and eventually made their way back to the safety of the shore. Parents, please do not let your children go swimming in the ocean when guards are not on duty.

Tides for Ocean City Inlet starting with August 23, 2010 to August 30, 2010

Day	High/ Low	Tide Height Feet	Sunrise Sunset	Moon Time	% Moon Visible
M 23	Low 1:42 AM	0.4	6:22 AM	Set 5:19 AM	97
23	High 7:43 AM	2.1	7:44 PM	Rise 7:02 PM	
23	Low 1:34 PM	0.1			
23	High 8:11 PM	2.6			
Tu 24	Low 2:14 AM	0.3	6:23 AM	Set 6:17 AM	99
24	High 8:23 AM	2.2	7:42 PM	Rise 7:27 PM	
24	Low 2:13 PM	0.1			
24	High 8:47 PM	2.6			
W 25	Low 2:45 AM	0.3	6:24 AM	Set 7:15 AM	99
25	High 9:02 AM	2.3	7:41 PM	Rise 7:51 PM	
25	Low 2:51 PM	0.1			
25	High 9:24 PM	2.5			
Th 26	Low 3:17 AM	0.3	6:25 AM	Set 8:12 AM	98
26	High 9:40 AM	2.4	7:39 PM	Rise 8:15 PM	
26	Low 3:30 PM	0.2			
26	High 10:00 PM	2.5			
F 27	Low 3:50 AM	0.3	6:26 AM	Set 9:09 AM	95
27	High 10:19 AM	2.5	7:38 PM	Rise 8:40 PM	
27	Low 4:09 PM	0.3			
27	High 10:36 PM	2.4			
Sa 28	Low 4:24 AM	0.4	6:26 AM	Set 10:07 AM	91
28	High 10:57 AM	2.5	7:36 PM	Rise 9:06 PM	
28	Low 4:50 PM	0.5			
28	High 11:13 PM	2.3			
Su 29	Low 5:00 AM	0.4	6:27 AM	Set 11:07 AM	84
29	High 11:36 AM	2.5	7:35 PM	Rise 9:37 PM	
29	Low 5:34 PM	0.5			
29	High 11:51 PM	2.1			
M 30	Low 5:39 AM	0.5	6:28 AM	Set 12:08 PM	77
30	High 12:18 PM	2.5	7:33 PM	Rise 10:12 PM	
30	Low 6:23 PM	0.7			

OCBP Surf Rescue Association – Price List

- Water Bottles \$10.00
- Travel Coffee Mugs \$10.00
- Whistles \$5.00
- Lanyards \$6.00
- Buoy Key Chains \$4.00
- Car window sticker "Ocean City Beach Patrol" \$2.00
- Beach Patrol Logo Tattoos \$.25
- Grey or White Ringer T-Shirts \$10.00
- Sweatshirts Adult \$30.00
- Child \$25.00
- Captain Craig T-shirts \$10.00
- Long-sleeved T-shirts \$15.00
- Hats – 1 for \$6.00 or 2 for \$10.00
- Swim Cap 1for \$8.00/ 2 for \$15.00



JOHN P. DUNNIGAN PHOTOGRAPHY

You can see and order all the shots from this season's formal photo session at John's website, jpdphotography.com. Click on the "OCBP" link at the bottom of the page (shots from this year's CrewComp will be up soon).

Remember, as well as prints of all sizes, you can also order lots of different merchandise (mugs, mouse pads, key tags, magnets, playing cards). They make great gifts and personal mementos. If you have any questions you can always contact John through his website by hitting "Contact" at the bottom of his main webpage and/or emailing him directly at johnpdunnigan@comcast.net.



Important Notice

Please note the dates and times of the remaining weekly meetings and adjust your calendar accordingly.

Monday, August 30
Convention Center—0800hrs

Monday, September 6 (Labor Day)
Convention Center—0800hrs

Tuesday, September 7 (Start of Fall Patrol)
HQ Training Room—0830hrs
Beginning on September 12, the weekly meetings will move to Sundays at City Hall.

Sunday, September 12
City Hall—0830hrs

Sunday, September 19
City Hall—0830hrs

Sunday, September 26
City Hall—0830hrs

Important Notice Regarding Leaving Early

As Captain informed you at the Monday meeting on 8/9/10, anyone who leaves earlier than the date which he/she originally provided will be considered as quitting without notice and will be required to return ALL OCBP issued uniform and equipment items, including bathing suits, hats, whistles, and ID cards. Any items not returned will be deducted from your final paycheck, and your direct deposit will be cancelled until we have verified that you have satisfied all debts with the OCBP and the Town of O.C.

DO NOT FORGET THE BEACH PATROL WHEN YOU MAKE CHANGES

If you make any changes in the contact information that you have on file with us, it is your responsibility to let us know. If this coming season is as we predict, we will not be allowing personnel to return who have missed deadlines. Having mail returned or lost in forwarding may cause you to miss an important deadline.

E-mail – With free accounts and school accounts that are often changed you need to let us know immediately. We use e-mail to keep everyone informed of events and activities as well as confirming information and to get out quick updates.

Winter address – This is used to send U.S. mail such as newsletters, incentive checks, invitations to return, and other paperwork.

Permanent address – This address is not used by the Beach Patrol but is used by the Town of Ocean City to send tax information (W-2).

Employee Evaluations – Not the Entire Picture

Although having satisfactory evaluations is very important, they are only one aspect of each person's summative performance rating. Employee commendations, incidents, responsibility for equipment, amount of time worked, amount of time taken off, fulfilling work agreement, and last day worked are all considered by the review panel. Only once a full and complete assessment is made will a final recommendation be made to the Captain, regarding an employee's status for the next season.

Request for Recommendations

Between seasons, I am often asked to complete references and recommendations. If you need me to provide something like this for you, I ask that you make the request in writing. In that request you should give me any information that will help me in giving you the best possible recommendation. I will need to know whom it goes to and if there is a particular format or form that is required. It will also be helpful to remind me of some of the Beach Patrol activities that you have been involved in, such as JBP, Camps, special duties, etc. I also will need a fair amount of lead-time since personnel files are secured in Ocean City while I am in La Plata. You may send your request by e-mail or if you are required to mail to a physical address, you may use:

Captain Butch Arbin
134 West Quail Lane
La Plata, Maryland 20646

OCBP License Plates

Listed below are the guidelines for receiving these special logo plates



Your vehicle must be registered in Maryland.
Pick up the MVA form VR-124 from Captain Arbin.

Fill out form completely.

Attach a check made payable to the Ocean City Beach Patrol Surf Rescue Association (OCBPSRA) for \$50.00. This is a one-time fee and will not be charged again.

If you are requesting a specific number, make sure it is still available.

Return form to Beach Patrol Headquarters. Do not send or take to MVA—the form needs an authorizing signature to process.

Once the VR-124 form and check have been received, it takes 4-6 weeks to receive the tags. They will be mailed to the address on your registration.

In the future, you will receive the regular tag renewal application directly from the MVA every 2 years.

For Sale

Purple 1999 SeaDoo Bombardier Jet ski
Newly upholstered seat covers (June 2010)
Recently serviced and running very well (July 2010) Waterways, OC MD
Comes with cover and trailer
Has only had 1 owner. Garage kept during the winter
\$2500.00
Call Kristin: 301 751 3021



For Sale

XM Double Soft Surfboard Roof Rack
\$30.00
Contact C.C. Ben Davis—Crew 1



Attaboys

From: Thomas Shuster
Sent: Monday, August 16, 2010 1:00 PM
To: 'Debbie Gerald'
Cc: Butch Arbin; Kristin Josen
Subject: RE: Lifeguard thank you

Debbie, Thanks for recognizing the quick response of our Beach Patrol staff last Friday. Your nephew's rescue was just one of 280 we performed that day because of the high incidence of rip currents. I am forwarding your email to Captain Butch Arbin so he can share it with the staff. You can see by your own experience why we always discourage people from going in the ocean when a guard is not on duty. That's why we say "Keep your feet in the sand until the lifeguard's in the stand". We hope the rest of your time in Ocean City was enjoyable.

Tom Shuster, CPRP
Discover an Ocean of Fun!
Ocean City Recreation and Parks

From: Debbie Gerald
Sent: Monday, August 16, 2010 12:07 PM
To: Thomas Shuster
Subject: Lifeguard thank you

Mr. Shuster,

I am sending this email as a thank you to the Ocean City, MD beach patrol. I am writing on behalf of my nephew, Robert, almost 12 years old (and on behalf of his mother) who was rescued on Friday, August 13, 2010 between 138th & 139th Street at about 12:30 pm. By the time we realized Robert was in trouble, his 2 uncles attempted to reach him, but with little success. I too was in the water at the time, and turned toward the lifeguard to signal for help for Robert, but the lifeguard on duty was already running into the water and reached Robert within a few seconds. We just want to say thank you now, I think we were all a bit shaken up at the time, so THANK YOU!

Debbie Gerald

Aug.18, 2010
Town of Ocean City
Beach Patrol
109 Dorchester St.
Ocean City MD 21842

My family and I have just returned from a great vacation in Ocean City. We rented a condo in the "Pyramid" building on Coastal Highway. We spent most of our time in Ocean City on the beach in front of our Condo. The last few days there (Aug. 12,13 and 14th) the waves in the ocean were particularly large, and the under tow was equally unnerving. I was very impressed by the quality of the lifeguards that worked during that time. We witnessed at least 5 or 6 people being pulled from the water after they were swept out too far to swim back. The lifeguards all worked well together whenever there was an emergency, it was very impressive to watch. I just thought you should know that their efforts are truly appreciated, and it makes us more likely to return to your wonderful city again.

Sincerely,
Lisa Brower and Family, Granby CT

Sent: Wednesday, August 18, 2010 7:53 AM
To: Butch Arbin
Subject: Donating Handicap Chair

Hi Captain Arbin,

My parents live in Ocean City during the summers, and this year my mother broke her femur bone. She has been very fortunate to use the handicap wheelchair located at 130th Street to get on and off the beach.

I was wondering if I could donate a handicap wheelchair that could be located at 128th Street, and if so, what the price would be for the chair and the box to store it in.

Your staff of lifeguards is truly amazing -- friendly, helpful, competent, and inspiring. Thank you for all that you do!
David Fram

Sent: Wednesday, August 18, 2010 12:32 PM
To: Butch Arbin
Subject: Kudo's

Capt Arbin,

I wanted to pass along a note of appreciation and recognize one of OCBP's finest - "Jack."

During our two week annual trek to the beach, we have had fortune to interact with "Jack" at the 74th Street OCBP post. We have watched his meticulous preparation to take his perch and stand watch each day. A former Battalion Fire Chief, I appreciate the dutiful and friendly approach that "Jack" has displayed consistently these past two weeks. His interface with beachgoers has been warm and welcoming. It has been a pleasure to watch this professional exercise his duties. Please pass along our thanks for his consistent execution of duties. Surely, he represents the best of the OCBP!

v/r
Bill Powers
Burke, VA

From: Christopher Miller
Sent: Wed 8/18/2010 5:35 PM
To: Arbin III, Melbourne L. [Butch] (CCPS)
Subject: Commendable acts by Lifeguard Max

To: Captain Butch Arbin: Ocean City Beach Patrol

I would like to commend the professionalism and gracious behavior of the Ocean City Beach Patrol. Our family has stayed on 131st street for several years and are always impressed by the friendliness, diligence and keen eyes shown by the Lifeguards. Our vacation during the first week in August this year was no different.

Our 10 year old children, Ryan & Lauren {yes they're twins}, are avid competitive swimmers on the North Baltimore Aquatic Club (NBAC). This year they voiced an interest in knowing what it takes to become a Lifeguard and when they become older might like to try out for a position. My wife and I saw this as an opportunity to foster an interest of the children and decided we'd look into it. After making some inquiries at the OCBP headquarters we were given some literature and advised to contact the North side Park office about a one-day Jr. Beach Patrol class being offered. Unfortunately, the class had been cancelled that week due to a lack of interest, but we were told to ask the lifeguard nearest us if they might take a few minutes to speak with the children.

Our lifeguard assigned to the chair nearest us that day was Max (I'm sorry I didn't learn his last name). I spoke with Max about talking to our children and he replied he'd be happy to take some time over break when his relief guard came. True to his word Max found us on the beach later and asked to speak with Ryan & Lauren. We expected a couple minutes chat but Max used all of his break getting to know our children, ask them questions, let them flag signal the guard in the next chair down, had them rescue him one by one in the surf with the orange buoy. (He did a lot of flutter kicks to make sure they both made it back to the chair). Afterwards he shook both children's hands commenting they were strong swimmers and if they keep up the exercise they'd make fine guards someday.

This single event, this gracious act of kindness toward stranger's children was the highlight of Ryan & Lauren's vacation in Ocean City. Max showed great enthusiasm, smiles, high spirits and not a trace of patronization. All the while knowing he was forfeiting a well earned respite. The children told their friends, their grand-parents and even their team mates upon returning home that they'd met and been called upon to rescue a beach lifeguard. Okay, so they weren't exactly forthcoming with all the facts. ;)

Please know that we REALLY appreciate that Max took time from his day to make two kids REALLY happy.

Sincerely, The Millers: Chris, Linda, Ryan, Lauren

...By the way, Butch, our life guard on 124th Street was a super hero last Saturday, August 14. As you know, the waves and current were ripping. He was up and down that beach pulling people out of the water right and left. He can really run fast! I wanted to compliment him myself but he was so busy I didn't want to distract him. You've done a great job with these young men and women. What a difference from Myrtle Beach. I'll have to fill you in. I wouldn't even call them life guards. They were more interested in renting beach umbrellas and chairs.

Donna K. Ratti
 Executive Assistant to the Superintendent
 Charles County Public Schools
 PO Box 2770
 5980 Radio Station Road
 La Plata, Maryland 20646

An Example of an Off-Season OCBP Activity

FUN IN THE SUN

NOVEMBER 3, 2010 – 7:00 – 9:00 P.M.- Week 8
 2 credits

Studies in Recreation and Sports – REC 101

This course will provide an overview of recreation and parks programs and services offered. Students will also learn about the operation of Eagle's Landing Golf Course, the Ocean City Tennis Center, Special Events and Beach Patrol.

Meeting Location: Northside Park Community Room

Allen Sklar from Smug Mug Photography sent this notice to Dennis Dare, the City Manager:

On Sunday I took several photos of the beach from the pier, it was a day of big surf and big crowds....most people I've ever seen actually. There are 7 photos in the linked gallery. If you would like prints for city use, they are available. The images are taken with professional equipment and can be enlarged to whatever size you might need. Allen Sklar

The photos can be viewed at the following site:
allensklar@smugmug.com

Results for Crew Comps 2010		
Event	Place	Crew
Run-Swim-Run	1 st	Crew 7
	2 nd	Crew 4
	3 rd	Crew 8
Paddleboard Relay	1 st	Crew 7
	2 nd	Crew 4
	3 rd	Crew 2
Land Line	1 st	Crew 3
	2 nd	Crew 7
	3 rd	Crew 6
Soft-Sand-Sprint	1 st	Crew 6
	2 nd	Crew 17
	3 rd	Crew 7
Tug-of-War	1 st	Crew 8
	2 nd	Crew 3
	3 rd	Crew 5

Overall Overall Place	Results for Crew	Crew Comps 2010 Total Points
1 st	Crew 7	43
2 nd	Crew 3	29
3 rd	Crew 17	26
4 th	Crew 4	24
5 th	Crew 6	23
6 th	Crew 8	22
7 th	Crew 14	14
8 th	Crew 5	12

