



# OCEAN CITY BEACH PATROL

## WEEKLY BULLETIN

Week of July 18, 2011 to July 24, 2011

### MONDAY, JULY 18, 2011

**WEEKLY MEETING:** CONVENTION CENTER - 40TH STREET

**CREW CHIEF MEETING:** 800hrs

**AREA MEETING WITH SERGEANTS:** 0815hrs

**SEMAPHORE TEST:** 0820hrs—Required to pass probationary stage

**CREW MEETING:** 0830hrs (Turn in individual stats, get schedule and assignments, information from Crew Chief)

**OFFICERS' MEETING:** 0830hrs

**GENERAL MEETING:** 0845hrs—Guest—OCBP Police Chief Bernadette DiPino

**LIEUTENANTS' MEETING:** 0945hrs

**OCBPSRA:** None

**Opportunity to Compete:** Dewey Beach Ocean Series

**Mandatory Daily Workout:** Run Day—Crew Chief determines specific workouts.

**Competition Workout:** TBD

**Surfing Beaches:** Inlet /22<sup>nd</sup> St. /91<sup>st</sup> St.

**Tides:** High: 1019hrs and 2239hrs

Low: 0421hrs and 1625hrs

**Special Events:** Beach Safety Seminar—OC Lifesaving Museum—1000hrs

Free Dinner—OC Baptist Church—N. Division St.—1900hrs

Movies on the Beach—Alpha & Omega—27<sup>th</sup> St.—2030hrs

#### **The OCBP Triathlon Club**

The OCBP Triathlon Club will meet on  
Tuesday, Thursday, & Sunday

Tuesday--27th St. -0700hrs—Bike  
0800hrs—Run

Thursday—130<sup>th</sup> St.-0700hrs—Bike  
0800hrs—Run

Sunday—HQ—Long Run—0600hrs



### TUESDAY, JULY 19, 2011

**OCBPSRA:** None

**JBP Academy III:** Day 1—0800hrs to 1130hrs (Instructors report at 0730hrs)

**Opportunity to Compete:** OCBP Triathlon Club—27<sup>th</sup> St.—Bike-0700hrs/Run-0800hrs

OCBP Floor Hockey—Northside Park—1900hrs

**Mandatory Daily Workout:** Swim Day—Crew Chief determines specific workouts.

**Competition Workout:** TBD

**Surfing Beaches:** Inlet /20<sup>th</sup> St. /89<sup>th</sup> St.

**Tides:** High: 1102hrs and 2319hrs

Low: 0500hrs and 1710hrs

**Special Events:** Free Breakfast—Son'Spot Ministries-12 Worcester St.—0730hrs

Free Lifeguard Dinner—OC Baptist Church—1900hrs

Family Beach Olympics—27<sup>th</sup> St.—1830hrs

#### **OCBP Floor Hockey**

**Northside Park 1900hrs**  
**\$5.00**

*Wear Your Athletic Shoes.*

*No Blades*

Tuesdays: July 19, July 26, Aug. 2, Aug. 9

S.R.T. Name:	Monday 7/18/2011	Tuesday 7/19/2011	Wednesday 7/20/2011	Thursday 7/21/2011	Friday 7/22/2011	Saturday 7/23/2011	Sunday 7/24/2011	CREW
Daily Assignment								
Rescues								Totals
Preventative actions								
First Aids								

## **WEDNESDAY, JULY 20, 2011**

**OCBPSRA:** None

**JBP Academy III:** Day 2—0800hrs to 1130hrs (Instructors report at 0730hrs)

**Camp Horizon:** N. Division St.—1145hrs to 1515hrs

**Opportunity to Compete:** USLA Mid-Atlantics Crafts—Long Branch, NJ

**Mandatory Daily Workout:** Run Day— Crew Chief determines specific workouts.

**Competition Workout:** TBD

**Surfing Beaches:** Inlet /18<sup>th</sup> St. /87<sup>th</sup> St.

**Tides:** High: 1145hrs

Low: 0539hrs and 1758hrs

**Special Events:** Movies on the Beach—*Shrek Forever After*—Carousel Hotel—2030hrs

Concerts on the Beach—*Oh Boy (Buddy Holly Tribute)*—N. Division St.—2000hrs

Commotion Down the Ocean Skateboard Competition—OC Skate Park—1400hrs

### **Equipment Needs**

Equipments needs will be handled by appointment only. Please contact Sgt. Kauffman at HQ on Wednesdays to make arrangements to discuss any equipment concerns. However, damaged or unsightly equipment should be placed out of service A.S.A.P.

## **THURSDAY, JULY 21, 2011**

**OCBPSRA:** None

**JBP Academy III:** Day 3—0800hrs to 1130hrs (Instructors report at 0730hrs)

**JBP One-Day Clinic:** 1300hrs to 1700hrs

**Opportunity to Compete:** OCBP Triathlon Club—27<sup>th</sup> St.—Bike-0700hrs/Run-0800hrs

**Mandatory Daily Workout:** Swim Day— Crew Chief determines specific workouts.

**Competition Workout:** TBD

**Surfing Beaches:** Inlet /16<sup>th</sup> St. /85<sup>th</sup> St.

**Tides:** High: 2400hrs and 1230hrs

Low: 0620hrs and 1847hrs

**Special Events:** Dew Tour—North Pier to Talbot St.

Free Concerts at Sunset Park—*James Gallagher & Off the Boat*—S. Division St.—1900 hrs

Movies on the Beach—*The Karate Kid*—Princess Royale—92<sup>nd</sup> St.—2030hrs

### **JBP One Day Clinic** **Thursday afternoons**

**July 21, 28**

**August 4, 11**

**1300hrs to 1700hrs**

Spread the word to kids 10-17 who hang around the stand. This weekly one-day activity is perfect for kids who are interested in lifeguarding.



## **FRIDAY, JULY 22, 2011—PAY DAY!**

**OCBPSRA:** None

**JBP Academy III:** Day 4—0800hrs to 1130hrs (Instructors report at 0730hrs)

**Opportunity to Compete:** Fenwick Ultimate

**Mandatory Daily Workout:** Run Day— Crew Chief determines specific workouts.

**Competition Workout:** TBD

**Surfing Beaches:** Inlet /14<sup>th</sup> St. /83<sup>rd</sup> St.

**Tides:** High: 2443hrs and 1318hrs

Low: 0702hrs and 1939hrs

**Special Events:** Dew Tour—North Pier to Talbot St.

Free Breakfast—Son'Spot Ministries-12 Worcester St.—0730hrs

MARP 2011 Dolphin Count—40<sup>th</sup> St. & 130<sup>th</sup> St.—0900hrs to 1200hrs

Movies on the Beach—*How to Train a Dragon*—27<sup>th</sup> St.—2030hrs

**See more information about the MARP  
Dolphin Count on p. 8**



## **SATURDAY, JULY 23, 2011**

**OCBPSRA:** None

**Opportunity to Compete:** Mitch Maiorana Run-Swim-Run—Surf Ave.—1800hrs

**Mandatory Daily Workout:** Swim Day— Crew Chief determines specific workouts.

**Competition Workout:** TBD

**Surfing Beaches:** 12<sup>th</sup> St. /81<sup>st</sup> St.

**Tides:** High: 0130hrs and 1411hrs

Low: 0746hrs and 2034hrs

**Special Events:** Dew Tour—North Pier to Talbot St.

ESA Malibu's Classic—8<sup>th</sup> St.—0700hrs

Mitch Maiorana Memorial Run-Swim-Run—7<sup>th</sup> St.—1800hrs

### **Follow the OCBP on Twitter!**

If you send a text message saying "Follow OCBP\_HQ" to 40404, the tweets will appear as text messages on your cell phone. Tides & surf beaches go out prior to 1000hrs daily. You can also tell beach patrons. Even if they don't really use Twitter, they can still get the messages on their cell (TXT rates apply).



**Follow Us  
on Twitter**

## **SUNDAY, JULY 24, 2011**

**OCBPSRA:** None

**Opportunity to Compete:** OCBP Triathlon Club—HQ—Long Run—0600hrs

**Mandatory Daily Workout:** Run Day— Crew Chief determines specific workouts.

**Competition Workout:** TBD

**Surfing Beaches:** 10<sup>th</sup> St. /79<sup>th</sup> St.

**Tides:** High: 0223hrs and 1508hrs  
Low: 0834hrs and 2130hrs

**Special Events:** Dew Tour—North Pier to Talbot St.

ESA Malibu's Classic—8<sup>th</sup> St.—0700hrs

Sundaes in the Park—*Sir Rod*—Northside Park —1800hrs

*Notice: Participation in activities that include the use of equipment not issued or authorized by the OCBP while on duty is strictly prohibited. This includes time on your break i.e: surfing, bodyboarding, fishing, etc.*

**Special Note: Allowing non-employees to use our equipment without the permission of an officer is also prohibited.**

## **MONDAY, JULY 25, 2011**

**WEEKLY MEETING:** CONVENTION CENTER - 40TH STREET

**CREW CHIEF MEETING:** 800hrs

**AREA MEETING WITH SERGEANTS:** 0815hrs

**SEMAPHORE TEST:** 0820hrs—Required to pass probationary stage

**CREW MEETING:** 0830hrs (Turn in individual stats, get schedule and assignments, information from Crew Chief)

**OFFICERS' MEETING:** 0830hrs

**GENERAL MEETING:** 0845hrs

**LIEUTENANTS' MEETING:** 0945hrs

**OCBPSRA:** None

**Opportunity to Compete:** Bethany Beach Ocean Series—Garfield Pkwy—1730hrs

USLA Jr. Lifeguard Regionals—Cape May, NJ

**Mandatory Daily Workout:** Run Day— Crew Chief determines specific workouts.

**Competition Workout:** TBD

**Surfing Beaches:** Inlet /8<sup>th</sup> St. /77<sup>th</sup> St.

**Tides:** High: 0320hrs and 1604hrs  
Low: 0925hrs and 2227hrs

**Special Events:** Endless Summer Boogie Board Camp—38<sup>th</sup> St.—1400hrs to 1600hrs

Free International Students Dinner—OC Baptist Church—N. Division St.—1900hrs

Jesus at the Beach Festival— N. Division St.—1900hrs to 2200hrs

Movies on the Beach—*The Karate Kid*—27<sup>th</sup> St.—2030hrs

### **The Dew Tour-OC, MD**

One thing's for sure this year. You've never been to a Dew Tour this extreme, this intense or this...sandy. Come July 21 – 24, the 2011 Dew Tour is debuting its first ever beachfront event in Ocean City, Maryland!

Dew Tour has built its reputation over the past six years as the action sports tour. And with Ocean City being the perfect summer getaway, it was only a matter of time before these two found each other. Where else could the Dew Tour feature its massive BMX park course and vert ramp? Where else could all of your favorite pros like Dave Mirra or Bucky Lasek bring the heat and compete for the coveted Dew Cup? And where else could the first ever skate bowl competition and the first and only Dew Tour surfing contest debut?

That's right—surfing contest. This is Ocean City after all. And if that wasn't enough, Dew Tour will be rocking out with a free concert on the beach and holding a free Festival Village. Ocean City has so many other things to do while you're here, too. Check out our famous boardwalk, free beach, restaurants and nightlife, just to name a few. So pack your bathing suits, shades, bikes and boards, and come experience the tour of the summer.



#### **Thursday, July 21st**

**11:00 AM – 6:00 PM** Festival Village Open  
**12:30 PM – 2:30 PM** Skateboard Vert Qualifier  
**1:30 PM – 5:00 PM** BMX Park Qualifier  
**5:00 PM – 8:30 PM** Skateboard Bowl Qualifiers  
**5:30 PM – 7:30 PM** BMX Vert Qualifier

#### **Friday, July 22nd**

**11:00 AM – 7:00 PM** Festival Village Open  
**1:30 PM – 3:00 PM** Skateboard Bowl Semi-Final  
**3:30 PM – 5:30 PM** BMX Park Semi-Final  
**5:30 PM – 7:00 PM** Skateboard Vert Semi-Final  
**7:30 PM – 9:00 PM** Surf Contest

#### **Saturday, July 23rd**

**11:00 AM – 8:00 PM** Festival Village Open  
**1:30 PM – 2:30 PM** BMX Vert Semi-Final  
**3:30 PM – 5:00PM** BMX Park Final  
**6:30 PM – 7:30 PM** Skateboard Bowl Final  
**7:30 PM – 8:30 PM** Skateboard Bowl Best Trick  
**7:30 PM – 11:30 PM** Concert

#### **Sunday, July 24th**

**11:00 AM – 6:00 PM** Festival Village Open  
**2:00 PM – 3:00 PM** BMX Vert Final  
**4:30 PM – 6:00 PM** Skateboard Vert Final

### UPCOMING 2011 BEACH PATROL EVENTS

July 19-22	JBP Session III
July 20	USLA Mid-Atlantics-Crafts
July 23	Mitch Maiorana Run Swim Run
July 26-29	JBP Session IVA-Morning Academy
July 26-29	JBP Session IVB-Afternoon Academy
July 28	Rehoboth Olympics
July 30	Crew Comps
July 31	Crew Comps Lightning Date
Aug. 2-5	JBP Session VA-Morning Academy
Aug. 2-5	JBP Session VB-Afternoon Academy
Aug. 9-12	JBP Session VI
Aug. 9-18	OCBPSRA Events-Round 2
Aug. 13	OCBPSRA Pre-Employment Skills Evaluation
Aug. 14	OCBP Sprint Triathlon
Aug. 20	OCBP Awards Dinner

### Upcoming Town of Ocean City Special Events

Concerts on the Beach- <i>Oh Boy</i>	July 20	N. Division St.	2000hrs
Commotion Down the Ocean-Skateboard Comp.	July 20	OC Skate Park	1400hrs
Sunset Park Party Nights- <i>James Gallagher</i>	July 21	S. Division St.	1900hrs
Dew Tour-OC, MD	July 21-24	Various Times	Pier-N.Division
Malibu's Classic	July 23-24	8 <sup>th</sup> St.	0700hrs
Sundaes in the Park— <i>Sir Rod</i>	July 24	Northside Park	1800hrs
Endless Summer Boogie Board Camp-Session C	July 25-27	38 <sup>th</sup> St.	1400hrs
Jesus at the Beach Festival	July 25-27	N. Division St	Various Times
Sunset Park Party Nights- <i>A Night with Elvis</i>	July 28	S. Division St.	1900hrs
Chauncey's Surfabout	July 30-31	30 <sup>th</sup> or 54 <sup>th</sup>	0700hrs
Sundaes in the Park— <i>The Janitors</i>	July 31	Northside Park	1800hrs
Concerts on the Beach- <i>N.O.M.A.D.</i>	Aug. 3	N. Division St.	2000hrs
Sunset Park Party Nights- <i>Flashback to the Beatles</i>	Aug. 4	S. Division St.	1900hrs
K Coast Beginners' Bash	Aug. 13	40 <sup>th</sup> St.	0700hrs
Endless Summer Boogie Board Camp-Session D	Aug. 15-17	38 <sup>th</sup> St.	1400hrs

<u>Stats.</u>	<u>Week 7</u> <u>7/4/11</u> to <u>7/10/11</u>	<u>Year-</u> <u>To-Date</u> <u>2011</u>	<u>Week 7</u> <u>7/5/10</u> to <u>7/11/10</u>	<u>Year-</u> <u>To-Date</u> <u>2010</u>	<u>Week 7</u> <u>7/6/09</u> to <u>7/12/09</u>	<u>Year-To-</u> <u>Date</u> <u>2009</u>
<b>Action</b>						
Preventions	8776	38498	9625	22923	5020	28664
Rescues	133	686	814	1055	181	1526
Minor First Aid	214	765	185	662	87	520
Ambulance Calls	41	113	31	80	14	95
Police Calls	9	31	3	32	4	26
USCG/MDNRP	0	2	1	3	0	3
Lost/Found Persons	71	259	37	206	64	245
N. Surf Beach Population	17	318	159	544	104	432
S. Surf Beach Population	369	1262	515	1352	245	2450
Inlet Surf Beach Population	161	519	246	903	12	140
Beach Wheelchair Usage	29	130	23	121	46	142

### Paddleboard Certification—7/15/11

<b>Name</b>	<b>Crew</b>
Derrick Snyder	16
Craig Hunkele	4
Matt Wojciechowski	6
Josh Kirstein	14
Taiten Valoquette	10
Robert Leszczynski	8
Karen Hessler	17
Kyle Mills	8
Zach Goodman	9
Adam Grant	9
Joe Vogel	13
Jenny Webb	2
Steve Yarzinsky	4
Ed Darnell	11



Follow the Beach Patrol on Facebook  
Go to [www.ococean.com/ocbp](http://www.ococean.com/ocbp)  
Click on



See daily updates, safety tips, and photos.

## **OCBP Question-of-the-Week for The Worcester County Times**

### **Last Week's Question: What are the different whistle blasts used for?**

While vacationing on the beaches in Ocean City you may notice an SRT blowing his or her whistle. The sound produced by a lifeguard's whistle tells the surrounding lifeguards as well as beach patrons what is going on. One whistle blast means the lifeguard wants your attention. If you hear the lifeguard blow his whistle you should look at him to see if he is attempting to tell you something whether you are in the water or on the beach (Even if you are "sure" that they are not talking to you, they may see or know something that you do not). He may be indicating that you need to move out of potential danger, such as rip currents, dangerous shorebreak or even marine life such as we saw earlier this summer with the whale sightings. The lifeguard could also be letting you know that you are breaking a rule. Two whistle blasts indicate that the lifeguard has made the decision that he needs to leave the stand to intervene in a beach emergency or a water rescue. These two whistle blasts will also initiate the back-up coverage system and will involve Surf Rescue Technicians from several surrounding locations. In a severe emergency a lifeguard will blow three whistles and this is an indication that there is a life and death situation and that they need immediate back-up and assistance. Although by today's technology standards, the whistle may seem prehistoric, the response it initiates brings the most up to date communication and life saving equipment to the scene. Because this signaling device is so critical to our rescue and response system it is the only piece of required uniform other than the SRT's bathing suit. It is worn at all times and ready to be used both on the beach and in the ocean.

### **This Week's Question: What exactly is an SRT? Are they like pool lifeguards?**

SRT stands for surf rescue technician. Ocean/surf rescue is significantly more challenging than pool or lake guarding. The job has far more responsibility and entails much more than a regular lifeguard. Because of the uniqueness of the job's demands, our lifeguards receive specialized testing, training and certifications. Only after they have successfully completed Surf Rescue Academy (much like a police officer or fire fighter) and have passed all certification requirements will they begin safeguarding your family and receive certification as an SRT. The SRT is an important part of the beach environment. They are strong swimmers, familiar with their areas, and are able to respond if someone is in danger. Additionally, every SRT is drug tested, meets annual re-qualification standards, participates in weekly in-service training and is currently certified in First Aid, CPR and use of an Automatic External Defibrillator (AED) and has current information on tides and local events. They also receive training in enforcement of laws and local ordinances, search and recovery as well as perfecting their skills in management of suspected head or neck injuries. It is important that you cooperate with the SRT in the performance of his/her duties.. **IMPORTANT:** Whenever you hear a whistle blast, even if you don't think it is for you, locate the SRT to see what they may need. Don't be afraid to ask for help and remember to wave your arms when in danger. To get current information about the beach patrol as well as daily stats and current beach conditions, you can follow us on Twitter or "like us" on our Official OCBP Facebook page. We can't wait to be a part of your wonderful experiences in Ocean City, because we are glad your here, and always remember to "Keep your feet in the sand until the lifeguard's in the stand!"

### **OCBP Surf Rescue Association – Price List**

Classic Grey or White Ringer T-Shirts-navy collar \$10.00  
Grey T-shirts-\$10.00  
Tie Dye T-shirts-L/XL-\$15.00  
Adult Sweatshirts-with OCBP on front & logo on back-\$30.00  
Adult Sweatshirts with-logo on back only-\$25.00  
Sweatpants \$20.00  
Captain Craig T-Shirts \$10.00  
Beige Long-sleeved T-shirts \$15.00  
Whistles \$5.00  
Lanyards \$6.00  
Red SRT Lanyards-\$5.00  
Buoy Key Chains \$4.00  
"Only God Saves More Lives"-\$3.00 or 2 for \$5.00  
OCBP stickers-\$3.00 or 2 for \$5.00  
Ocean City Beach Patrol car window sticker \$2.00  
Beach Patrol Logo Tattoos \$.25  
Hats – 1 for \$6.00 or 2 for \$10.00  
Swim Caps \$5.00  
CDs-\$5.00

### **The Matt Hughes MMA Workout**

CAGE FITNESS is a complete mixed martial arts fitness training system that is based on the structure of a championship MMA bout.

What this means is that Cage Fitness will give you a total body workout over five 5-minute rounds. The key elements that Cage Fitness focuses on are endurance, strength, power, and core. This is accomplished through our 5 round fitness system. The rounds are broken up into the following categories: Warm Up, Upper Body, Lower Body, Combo Round, Cool Down/Core.

**Featured at Chesapeake Martial Arts**  
**9919 Stephen Decatur Highway Suite 1**  
**Ocean City, MD 21842**  
**410-213-9040**  
**www.cmakarate.com**



## **Attaboy**

**From:** Brandi See

**Sent:** Wednesday, July 13, 2011 12:01 PM

**To:** Butch Arbin

**Cc:** Michael Stone; Edward Kovacs; Colby Kauffman

**Subject:** Thank you!

Mr. Arbin,

Hello! I have been spinning around several ways to write a letter to you and your amazing team but no matter what I come up with, nothing seems to be enough. I just want to simply say thank you, though you and your entire team deserve so much more than that!

Because of you and your team we were able to provide an experience for our clients that was, for the most part, just a crazy dream in all of our minds. Not only were all the lifeguards professional, kind, and very helpful, but they were very attentive and willing to do just about anything for our clients. They laughed, joked, and even "played" with all of our clients and that truly meant the world to them and all of the staff.

THANK YOU and EVERYONE who supported us that day! I truly can not express how great it was to have you all there! You all made that crazy dream come true and a group of kids very happy!

I look forward to more trips, and I am actually in the middle of convincing my managers now that a second trip is a MUST before summer ends! Keep up the amazing work, and please, pass along to everyone who helped that day, that they are truly appreciated and the work they do is just simply amazing!

Thank you all!  
Brandi See



## ALL-WOMEN LIFEGUARD TOURNAMENT

July 27, 2011  
Sandy Hook, NJ

### LIST OF EVENTS

- 1. Surfboat Challenge** — Limited to one entry per team. Requires two competitors, two surfboat tenders, and has land start. Both competitors and tenders must wear protective headgear (e.g., cycling helmets).
- 2. Distance Run** — Unlimited entries per team.
- 3. Ocean-Kayak Challenge** — Limited to one entry per team. Requires one competitor, one kayak tender, and has water start.
- 4. Run-Swim-Run** — Unlimited entries per team
- 5. Run-Paddle-Run** — Limited to two entries per team. Requires one competitor, one rescue-board tender, and has land start.
- 6. Beach Flags** — Limited to one entry per team.
- 7. Ironwoman** — Limited to two entries per team. Requires one competitor, one rescue-board tender, and has land start.
- 8. Surf Rescue** — Limited to one entry per team. Requires one competitor, one victim, and has land start.
- 9. Swim-Run Relay** — Limited to one entry per team. Requires three competitors and has land start.
- 10. Run Relay** — Limited to one entry per team. Requires four competitors.

## 2011 Competition Schedule

### July

- 18—Dewey Beach Ocean Series
- 20—USLA Regionals (Cape May, NJ)
- 22—Fenwick Ultimate
- 23—Mitch Maiorana Run-Swim-Run
- 25—USLA Regionals Junior Lifeguard (Sea Girt, NJ)
- 25—Bethany Beach (Ocean Series)
- 27—All Women's (Sandy Hook, NJ)
- 28—Rehoboth Lifeguard Olympics

### August

- 1—Rehoboth Junior Lifeguard
- 3, 4, 5, 6—USLA Nationals—(Cape May, NJ)
- 11—Middlesex (12<sup>th</sup> Rain Date)
- 14—OCBP Triathlon

## Attaboys

From: Kerry  
Sent: Friday, July 08, 2011 2:50 PM  
To: Butch Arbin  
Subject: Kudos to nick

Greetings! While enjoying our 4th of July beach day we wondered what the commotion was when beachgoers began to gather around the lifeguard station at 122nd street...we were pleased to find nothing was wrong but instead Nick was addressing the crowd asking us to be thankful for our freedom and the beautiful day...his safety tips were helpful and appropriate and he did it all with a friendly surfer smile! Thanks Nick! Great job!!

A patriotic beach loving family

From: Smith, Jamie  
Sent: Tuesday, July 05, 2011 1:51 PM  
To: Butch Arbin  
Subject: Thank You!  
Dear Captain Arbin,

I just wanted to express my sincerest thanks to you and your team for helping my husband and I locate our 3 year old son Lincoln yesterday whom wondered away from our location on the beach in front of the Clarion Hotel (July 4<sup>th</sup>, approx. 4pm). In my frantic state I did not even catch the name of the female guard who was instrumental in locating him but please express to her how grateful I am for her swift action in spreading the word all across the beach and to your whole team for finding and returning him safely to us. We were truly amazed at how your team and all the other beach-goers immediately jumped into action and had eyes from one end of the beach to the other looking for him. Although I am still shaken by the experience, I feel better in knowing that I was on your beach and in your community! Thank you again OCBP from a couple of VERY grateful parents!

Sincerely,  
Jamie and Jason

Dear Captain Arbin and Beach Patrol at 19th Street on July 4,

Our family would like to thank you for saving the life of Rodney Adlington, our father and my husband on July 4 on 19th Street. This was the scariest day of our lives. He was the man pulled out of the water and CPR and AED shock was performed on him on the beach saving his life. The quick response and quick action of the Ocean City Beach Patrol was truly heroic. Every member of the Beach Patrol that was at the sight knew exactly what to do and wasted no time in performing their lifesaving duties to save his life. All of you are heroes.

He was answering simple questions in the ambulance to Atlantic General. He was alert and talking a very short time after arrival. He spent the night there. Since he could not remember being hit by a wave or pulled under, it was determined that he probably suffered ventricular fibrillation causing him to blackout in the ocean. On July 5 he was transferred to Peninsula Regional Medical Center where further tests were ran. He was diagnosed with a heart arrhythmia problem and received a defibrillator on Wednesday, July 6. He had never had any signs of a heart problem until that moment on July 4. He was discharged on July 7 and we returned home to Bridgeport, WV. He is making a remarkable recovery. He returned to work today.

Please forward this email to the Beach Patrol involved that day. We want them to know they are heroes. We know that you are among the best trained beach patrol in the country. Every one of you should be proud that you saved a person's life that day. Our family will be forever thankful and grateful that you saved a member of our family's life. You are truly heroes.

Sincerely,

Rodney, Allison, Jada and Paislee Adlington



Keep your feet in the sand,  
until the lifeguard's in the stand!



# USLA MID-ATLANTIC REGIONAL CHAMPIONSHIPS TEAM SCORES

Patrol	Open Men's 2 Kilometer Beach Run	Open Women's 2 Kilometer Beach Run	Open Men's Surf Race	Open Women's Surf Race	Open Men's Rescue Race	Open Women's Rescue Race	Open Landline Rescue Race	Open Men's Board Rescue Race	Open Women's Board Rescue Race	Open Men's Run-Swim-Run	Open Women's Run-Swim-Run	Open Men's Beach Relay	Open Women's Beach Relay	Total Score	Place		
SMITH POINT LGS	2	15		17		12	13		12		22	5	10	31	11	150	1
OCEAN CITY MD BP	10	16	1	1		15		3	9	11	12	21	20		12	131	2
REHOBOTH BEACH LGS	9		12	7	22		19	15		26	3	4		4		121	3
SPRING LAKE BP	20		4	13		7	2	1	9	9	16			1		82	4
SEA GIRT BP				12	19	9	3			5						48	5
BRADLEY BEACH BP			12		10		10	8					5			45	6
CAPE MAY BP			22					12	9							43	7
SEA COLONY BP		10		3		8			13		5		3			42	8
BETHANY BEACH BP		4	3						7	3	10		7			34	9
NORTH BETHANY BP						4	7				3		2	14	30	10	
SANDY HOOK BP	7				7			10							24	11	
MIDDLESEX BEACH LGS		8							3			9			20	12	
JONES BEACH LGS		7											12	19	13		
VIRGINIA BEACH LGS		1	7			3		5				2			18	14	
SOUTH BETHANY BP						4			8			4			16	15	
DELAWARE STATE LGS											7		8		15	16	
LONG BEACH NY LGS							9				2		3		14	17	
MONMOUTH COUNTY PK SYS												7		7	14	17	
FENWICK ISLAND BP											8	5			13	19	
OCEAN BEACH II	13														13	19	
OCEAN CITY NJ BP				8											8	21	
DEWEY BEACH BP					2									5	7	22	

2011 OCBP Iron Guard		15-Jul-11	
Name	Swim	Run	Paddle/Finish
Sevier	12:20	27:56:00	44:02:00
Seibert	9:51	22:12	39:23:00
Lippman	10:15	24:00:00	39:51:00
A.J. Smith	11:40	26:25:00	44:57:00
Goodman	9:32	22:12	41:04:00
Team: Fraley, Zangwill, Stedman	12:44	26:48:00	41:54:00
Johnson	9:56	24:50:00	42:23:00
<b>Sakell!!!</b>	9:00	21:56	38:33:00
Everett	9:32	24:00:00	39:55:00
Team: Desy, Reddick, Castaneda	10:37	25:49:00	41:16:00
Team: Kearns, Miller, Grantham	10:37	25:08:00	38:54:00
Team: Mills, Barton, Robert **	8:49	21:50	38:07:00
Team: Lagace, Rowe, McElvaney **	8:49	23:50	38:22:00
Team: Mechling, Stang, Beliveau **	8:49	23:50	39:21:00
<b>Steely!!!</b>	12:05	25:49:00	38:33:00
Rojas **	10:14	23:18	41:44:00
???	9:39	26:00:00	45:26:00
**Missed 3rd buoy			
<b>!!!First time tie EVER for Iron Guard Title!!!</b>			

**MARP Annual Dolphin Count**  
**July 22, 2011, 9 a.m. to 12 p.m.**

On Friday, July 22, the public is invited to join National Aquarium Marine Animal Rescue Program staff for the Annual Maryland Dolphin Count along the Atlantic coast of Maryland. Annual dolphin counts help marine mammal specialists capture a snapshot look at dolphin populations, reproduction rates, and ocean health.

We have learned that bottlenose dolphins use Maryland waters as a thoroughfare for migration, summertime breeding, and feeding along the way. With your help, we will continue to gather and analyze this information and learn more about the state of our waters and the dolphin populations that are found off our coast.

The annual Dolphin Count involves spending a few hours on the beach watching the water for passing dolphins and filling out a data sheet. Each team will have an Aquarium representative to help set up and answer questions.

If you're interested in participating with the 2011 Maryland Dolphin Count, Aquarium staff will be stationed at the following locations:

**Assateague State Park (Day Use Area)**  
**40th Street in Ocean City (at the beach)**  
**130th Street in Ocean City (at the beach)**

All are welcome to join Aquarium staff at one of the above locations. Just look for Aquarium staff in blue shirts looking toward the water for dolphins! The count will begin at 9 a.m. and end at noon. The event is free and open to the public.

As a reminder, it is always helpful to bring the following items for comfort: beach chair or blanket; water to keep hydrated; sunscreen, a hat, and sunglasses; binoculars, optional.

For more information about the 2011 Maryland Dolphin Count, e-mail [marp@aqua.org](mailto:marp@aqua.org).



Thank you for all your hard work and dedication to helping us release our rehabbed animals back into the wild!

**Leave Your Mark on Ocean City!**

The OCDC is looking for artistic OCBP volunteers to paint a utility box on Dorchester Street. The OCDC will provide the painting supplies and paint. The OCBP volunteers need only provide their artistic ability and time to paint the box. For more information contact Stella at the OCBP office.

Glenn Irwin, Executive Director  
Ocean City Development Corporation  
108 Dorchester Street



Thank you letter (sent through the USPS) from MARP for help with releasing Guinness.