



OCEAN CITY BEACH PATROL

WEEKLY BULLETIN

Week of September 20, 2009 to September 27, 2009

Parking is available in the City Hall lot; enter through rear of the building.

SUNDAY, SEPTEMBER 20, 2009

GENERAL MEETING: City Hall Council Chambers —1st Floor—3rd St.—0830hrs

Workout: 3 rounds of 50 squats; 10 tuck jumps; 5 broad jumps
2 rounds of 25 v-ups

Surfing Beaches: Modified

Tides: High: 0906hrs and 2128hrs
Low: 0253hrs and 1528hrs

Special Events: 5K Sun Fun Run—0700hrs—**Cancelled**

MONDAY, SEPTEMBER 21, 2009

Officer in Charge: *Lieutenant Ward Kovacs*

Workout: 1 round of TABATA Squat-Thrusts (20 seconds fast as possible, 10 second recovery) x 8

Surfing Beaches: Modified

Tides: High: 0952hrs and 2212hrs
Low: 0335hrs and 1616hrs

SURF FISHING AND CASTING

Sec. 106-131. Public beach restrictions.

It shall be unlawful for anyone to surf fish, surf cast or practice surf fishing or surf casting on the public beaches within the corporate limits of Ocean City between Friday of Memorial Day weekend to September 30 of each and every year, both days inclusive, between the hours of 10:00 a.m. to 5:30 p.m., prevailing time, except by permission from the Mayor and Council, within 50 yards of swimmers or persons in bathing attire lying, sitting, walking, surfing or standing on any part of said public beaches or areas adjacent thereto within the corporate limits of Ocean City.

(Code 1972, § 28-9)

S.R.T. Name:	Monday 9/21/2009	Tuesday 9/22/2009	Wednesday 9/23/2009	Thursday 9/24/2009	Friday 9/25/2009	Saturday 9/26/2009	Sunday 9/27/2009	CREW
Daily Assignment								
Rescues								Totals
Preventative actions								
First Aids								

Guidelines for Modified Surfing

- Surfers must still wear a leash.
- Swimmers **always** have the right of way.
- Surfers must remain no less than 50 yds. from the nearest swimmer or non-surfer.
- Surfers should be moved to the area between the stands.
- If there are too many swimmers, then the surfers must relocate or stop surfing altogether.
- The use of skim boards and other watercraft (kite surfers, windsurfers, kayaks, etc. is still prohibited
- If a surfer injures another person, he/she is responsible, and we must ID the surfer, involving the police if necessary.
- Note: The surfing ordinance is in effect until Sept. 15th each year.

TUESDAY, SEPTEMBER 22, 2009

Officer-in-Charge: *Lieutenant Ward Kovacs*

Workout: 3 rounds of 50 lunges followed by 10 broad jumps

Surfing Beaches: Modified

Tides: High: 1038hrs and 2256hrs
Low: 0418hrs and 1706hrs

WEDNESDAY, SEPTEMBER 23, 2009

Officer-in-Charge: *Lieutenant Ward Kovacs*

Workout: 3 Rounds of (50 push ups, 20 V-Ups, 20 mountain climbers and 20 knee to elbow bicycles)

Surfing Beaches: Modified

Tides: High: 1125hrs and 2342hrs
Low: 0502hrs and 1758hrs

THURSDAY, SEPTEMBER 24, 2009

Officer-in-Charge: *Lieutenant Ward Kovacs*

Workout: TABATA SQUATS: (20 seconds fast as possible, 10 second recovery) x 8
2 Rounds of 5 x 10yd BEAR CLIMB SPRINTS

Surfing Beaches: Modified

Tides: High: 1215hrs
Low: 0550hrs and 1853hrs

Special Events: Sunfest—Inlet—1000hrs to 2200hrs
Sunfest Kite Festival—N. Division St. to 7th St.—0900hrs to 2200hrs

FRIDAY, SEPTEMBER 25, 2009—Pay Day

Officer-in-Charge: *Lieutenant Ward Kovacs*

Workout: 4 rounds of (20 JUMP LUNGES followed by 20 TUCK JUMPS and 20 LATERAL HOPS

Surfing Beaches: Modified

Tides: High: 2431hrs and 1309hrs
Low: 0642hrs and 1952hrs

Special Events: Sunfest—Inlet—1000hrs to 2200hrs
Sunfest Kite Festival—N. Division St. to 7th St.—0900hrs to 2200hrs

The Exiting Process

Reminder!

Make sure that you have completed and turned in all necessary paperwork, equipment, and/or provided the required official documentation before leaving.

Bring the following to Headquarters:

- Notification of Last Day Agreement
- Official Documentation of your Next Commitment
- All Uniforms and Equipment
- Fall Employment Agreement

Winter Mailings

Newsletters and all Return to Work information and notifications for the 2010 season will be sent to the winter address that you provided. Updates and/or adjustments should be made through the office--either in person or by e-mail.

SATURDAY, SEPTEMBER 26, 2009

Workout: 3 rounds of (25 PUSH UP SUPERMANS, 25 TORSO ROTATIONS, 10 leg unders)

Surfing Beaches: Modified

Tides: High: 0126hrs and 1410hrs
Low: 0738hrs and 2052hrs

Special Events: Sunfest—Inlet—1000hrs to 2200hrs
Sunfest Kite Festival—N. Division St. to 7th St.—0900hrs to 2200hrs

SUNDAY, SEPTEMBER 27, 2009—Last Day of Guarding the Beach for 2009

GENERAL MEETING: Parking is available in the City Hall lot; enter through rear of the building.

Workout: 3 rounds of (20 burpees followed by a 25 yard high knees, then 25 yard sprints)

Surfing Beaches: Modified

Tides: High: 0229hrs and 1514hrs
Low: 0837hrs and 2150hrs

Special Events: Sunfest—Inlet—1000hrs to 1800hrs
Sunfest Kite Festival—0900hrs to 2200hrs—Beach: N. Division St. & 6th St.
OC Cruzers—Somerset St. Plaza—1400hrs to 1900hrs

*Last General Meeting of the Season
Sea you next year!*



Reminder:

All equipment must be returned by Sunday evening, or it will be deducted from your last paycheck!!! Once deducted, you will have to wait for reimbursement, which may take an additional four weeks.

MONDAY, SEPTEMBER 28, 2009

First Day of Emergency Response Coverage—Those involved have been notified.

Important Address Information

Make sure that the address on your paycheck is the same one as where you want your W-2 mailed.

If it is not the same:

1. Contact Dolores in the City Hall Human Resources
410-289-8822

and

2. Contact Secretary Tyler at Headquarters.

This is Very Important

Town of Ocean City Special Events

OC Sunfest	Sept. 24-27	Inlet	1000hrs
Sunfest Kite Festival	Sept. 24-27	N. Division-6 th St.	0900hrs
16 th Annual Pigs on the Beach Boardwalk Ride	Sept. 26	27 th St. -Inlet	1000hrs
30 th Annual Mid-Atlantic Surf Fishing Tournament	Oct. 1-3	20 th - 119 th St.	0700hrs
Wine on the Beach	Oct. 2-3	Inlet	1100hrs
M.O.O.D Bay to the Bridge Charity Drive (Miata Parade)	Oct. 3	Boardwalk Parade	1600hrs
7 th Annual Walk the Boards for St. Jude's Children's Hosp.	Oct. 17	Boardwalk Tram Station	0900hrs
9 th Annual Pink Ribbon Classic 5K Run/Walk & 1Mile Walk	Oct. 17	OC Health & Racquet	0900hrs
Free State Corvette Club OC Weekend	Oct. 17	Inlet Parking Lot	0600hrs
ESA Sea Witch Surf Fest	Oct. 17-18	Inlet or 48 th St.	0700hrs
Light the Night Walk for Leukemia & Lymphoma	Oct. 24	Inlet/Boardwalk	1700hrs

The Exiting Process

Reminder!

Make sure that you have completed and turned in all necessary paperwork, equipment, and/or provided the required official documentation before leaving.

Bring the following to Headquarters:

- Notification of Last Day Agreement
- Fall Employment Agreement
- Official Documentation of your Next Commitment
- **All uniforms and equipment must be turned in by 8:00 pm on 9/27/09 if you are completing your employment for the season. Those working beyond Sunfest should hold on to their equipment.**

<u>Stats.</u>	<u>Week 17</u> 9/7/09 to 9/13/09	<u>Week 17</u> Year-To- Date 2009	<u>Week 17</u> 9/8/08 to 9/14/08	<u>Week 17</u> Year-To- Date 2008	<u>Week 17</u> 9/10/07 to 9/16/07	<u>Week 17</u> Year-To- Date 2007
<u>Action</u>						
Preventions	881	69523	N/A	67584	N/A	76105
Rescues	71	3399	28	3775	20	2606
Minor First Aid	4	1445	N/A	2295	N/A	1880
Ambulance Calls	11	269	0	285	10	278
Police Calls	3	80	1	97	1	72
USCG/MDNRP	0	5	0	16	0	13
Lost/Found Persons	26	695	1	564	2	645
N. Surf Beach Population	N/A	629				
S. Surf Beach Population	N/A	4414				
Inlet Surf Beach Population	N/A	1046				
Beach Wheelchair Usage	17	420	0	431	0	405

Crew Chief Equipment

All issued equipment must be returned on your last day. Equipment that is given to you does not need to be returned: collared shirt, jacket, bathing suits, whistle, and hats. Once all equipment is accounted for, you will be immediately reissued equipment that is necessary for participation in the winter testing program. If you do not plan on becoming involved in the off-site tests, then you will not need to be issued any additional equipment.

As with all employees, a crew chief who leaves without completing his/her commitment will be required to return ALL equipment that was given to them by the Beach Patrol. The purpose of this policy is to have an accurate inventory and to minimize the loss of equipment should a Crew Chief decide not to return in subsequent years. Any and all equipment not returned will be deducted from your final paycheck.

Dear Captain Arbin

We would like to express our gratitude and appreciation to Greg Joyce, who came to our rescue at 132nd Street on Sunday, September 6th at approximately 5 p.m. Three of us were in the ocean taking one last dip of the day. We had just decided to come out of the water and were waiting for the right moment to out run the waves. Just then we found ourselves in a rip current almost a half block wide. Angie was able to ride a wave to safety, but Dan and I were caught in it. We started swimming north in the rough waters, but I soon became winded, partially because I have a broken wrist in a hard cast. Just as I began to panic, Greg was at my side and helped me to safety. Please provide due recognition to Greg for his professional and heroic efforts.

Sincerely,

Deb Glaze
Dan and Angie Elswick

OCBP Question-of-the-Week for The Worcester County Times

Last Week's Question: I stayed in Ocean City past Labor Day thinking I could finally take my dog on the beach. The lifeguard informed me that I could not. I was surprised that the lifeguards were still even on duty. I thought they ended on Labor Day. How much longer will there be lifeguards on the beach and when do the rules change?

Although the Beach Patrol has never gone off duty following Labor Day (at least for the past 40 years) many people assume this to be our schedule. In reality, the earliest the Beach Patrol has gone off duty for the season has been the Sunday of Sunfest weekend (usually the 3rd weekend following Labor Day). This year the Patrol will end the regular guarding of the beach on Sunday September 27th. During this period following Labor Day, as Ocean City Beach Patrol personnel return to other obligations, we are in a reduced coverage scheme, and the number of Surf Rescue Technicians (Lifeguards) available to staff the stands along the 10.5 miles of beach decreases. The Ocean City Beach Patrol is committed to provide Surf Rescue Technicians (Lifeguards) along the entire beach for all visitors and residents so, rather than have unguarded areas, the number of available lifeguard towers are equally distributed along the beach front. As this redistribution occurs the location and distance between stands changes (sometimes on a daily basis). This reduction in personnel is an annual occurrence but is complicated by the earlier start of college classes and the return of our education professionals to school systems throughout the United States. However, as a direct result of our recruiting and staffing the number of stands we have been able to deploy on a daily basis has been higher than any previous year. We will have additional returning Surf Rescue Technicians to allow us to increase the total number of stands (and decrease the distance between stands) on weekends.

Because of the dedication and commitment of these public servants, we will continue to provide daily coverage between 10:00 and 5:30 for all 10.5 miles of Ocean City beaches until Sunday, September 27, 2009. Although this coverage will be done with fewer personnel and less lifeguard towers (than during the summer), we will supplement this coverage by increasing the number of Mobil Rescue Units patrolling the beach. These mobile units are first-aid and AED equipped, with one SRT (rider) acting as the primary rescue swimmer while the other SRT (driver) maintains radio communication and backup during an emergency. Both are qualified as surf rescue technicians, medical first responders, and are quad (ATV) certified.

As far as the rules go (Town of Ocean City Ordinances) most remain in effect until September 30th. The specific ordinance regarding dogs states that dogs are not permitted on the beach or boardwalk from May 1st to September 30th. Other ordinances and laws such as public drinking, vehicles on beach, and fires on beach, remain in effect throughout the year.

Another difference in the beach during the fall season is surfing. Captain Arbin of the Beach Patrol will allow modified surfing along the entire beach, except where guards are posted. The Beach Patrol keeps the swimmers in front or near their stand and the surfers are encouraged to congregate away from the swimmers. This is a time of the year the surfers enjoy. They can surf while the patrol is on duty and not be confined to designated surfing beaches like they are during the summer. Surfers must still utilize an ankle leash and remain 50 yards from the nearest swimmer. Having surfers in the vicinity often proves valuable in saving lives. It is helpful to have the extra flotation devices in the water at this time of year when the coverage is spread over larger spans of beach. It is not unusual for surfers to aid a distressed swimmer and keep them afloat until a Surf Rescue Technician can reach them and take them safely back to shore. Although surfing is modified, the Beach Patrol still reserves the right to prohibit surfing in certain areas or under certain conditions. The use of skim boards and other watercraft (kite surfers, windsurfers, kayaks etc) is still prohibited.

SRTs will be on duty daily between 10:00 am and 5:30 pm. To aide your SRT, the beach patrol suggests taking extra precaution and make sure to walk the short distance to swim in the vicinity of a lifeguard stand. The first priority of the Ocean City Beach Patrol continues to be public safety. We strongly encourage all beach patrons to restrict any beach or water related activities to times when Beach Patrol personnel are on duty, never swim alone, always stay with the limits of their ability, and never rely on a flotation device.

This Week's Question: Last weekend when I was here, I walked the beach and saw guards on stands although they seemed really far apart. When do the lifeguards go off duty?

The Ocean City Beach Patrol will continue to provide coverage of all 10.5 miles of Ocean City beaches until this Sunday, September 27th (the Sunday of Sunfest weekend is our annual last day). Although this coverage will be done with fewer personnel and less lifeguard towers, Surf Rescue Technicians (SRTs = Lifeguard) will be on duty daily between 10:00 am and 5:30 pm. Thanks to the dedication and commitment of our Beach Patrol family, many of our SRTs will travel back to Ocean City to supplement our coverage for this last weekend. We will also supplement this coverage by increasing the number of Mobil Rescue Units patrolling the beach. These mobile units are first aid and AED equipped with one SRT (rider) acting as the primary rescue swimmer while the other SRT (driver) maintains radio communication and backup during an emergency. Both are qualified as surf rescue technicians, medical first responders, and are quad (ATV) certified.

The Beach Patrol will officially end the traditional guarding of the beach this Sunday Sept 27th. To aide your SRT this last weekend during this time of reduced coverage, the Beach Patrol suggests taking extra precaution and walk the short distance to swim in the vicinity of a lifeguard stand. After Sunfest weekend we remove all stands from the beach and no longer position SRTs along Ocean City's beaches. At this time of year it is important for people to realize that the Beach Patrol is off duty and they should not participate in water related activities until the Beach Patrol is back on duty the following Memorial Day weekend in May 2010. We realize that in spite of our warnings a warm sunny day will still entice people to venture into the ocean. Please heed our warnings. The same hazards that exist in the middle of our season are still present now and could possibly be even more treacherous due to tropical storm activity that we typically experience this time of the year. People may suddenly and unexpectedly find themselves in danger just like it was August. However, with no SRTs keeping a watchful eye, there is no one ready to respond if the need arises.

We will still maintain a presence on the beach for a few more weeks with our Water Rescue Patrols. These Water Rescue Patrols are mobile units that consist of one SRT, (rider), acting as the primary rescue swimmer while the other SRT (driver) maintains radio communication and backup during an emergency. Both are qualified as surf rescue technicians and are quad (ATV) certified. Having these units already on the beach and mobile effectively reduces the response time from the original 911 call to victim contact and will hopefully result in a successful intervention. It is important however that people not depend on these mobile rescue units as if they are lifeguards protecting their love ones. After September 27th we will not be able to continue educating the public and actively preventing potential incidents. We will not be able to fulfill our mission and work in a proactive posture; therefore, we are in a reactionary mode and cannot provide the coverage that the public is accustomed to during our regular guarding season. We have seen too many times when swimming without lifeguards and poor judgment turns into a tragedy with the loss of a life. So although our saying, "Keep your feet in the sand until the lifeguard's in the stand!" is a friendly reminder to only swim when lifeguards are on duty, it comes with a very serious warning, "Stay out of the ocean"! Although we are no longer "on duty" the first priority of the Ocean City Beach Patrol continues to be public safety. We strongly encourage all beach patrons to restrict any beach or water related activities to times when Beach Patrol personnel are on duty, never swim alone, always stay with the limits of their ability, and never rely on a flotation device. Since the Beach Patrol is off duty until May and we have explained the dangers of swimming unprotected, we do not expect to see people in the ocean until Memorial Day weekend 2010. However you remember it, swimming only when lifeguards are on duty could save a life... yours or someone you love!

Tides for the Ocean City Fishing Pier— Sept. 20 to 27, 2009

Day	High/Low	Height Feet	Sunrise Sunset	Moon Time	% Moon Visible
Su20	Low 2:53 AM	-0.3	6:47 AM	Rise 8:53 AM	1
20	High 9:06 AM	4.6	7:00 PM	Set 7:43 PM	
20	Low 3:28 PM	-0.2			
20	High 9:28 PM	3.9			
M 21	Low 3:35 AM	-0.2	6:48 AM	Rise 10:02 AM	5
21	High 9:52 AM	4.5	6:59 PM	Set 8:17 PM	
21	Low 4:16 PM	0.0			
21	High 10:12 PM	3.6			
Tu22	Low 4:18 AM	0.0	6:48 AM	Rise 11:10 AM	11
22	High 10:38 AM	4.4	6:57 PM	Set 8:55 PM	
22	Low 5:06 PM	0.3			
22	High 10:56 PM	3.3			
W 23	Low 5:02 AM	0.3	6:49 AM	Rise 12:14 PM	19
23	High 11:25 AM	4.2	6:56 PM	Set 9:39 PM	
23	Low 5:58 PM	0.6			
23	High 11:42 PM	3.1			
Th24	Low 5:50 AM	0.5	6:50 AM	Rise 1:12 PM	28
24	High 12:15 PM	3.9	6:54 PM	Set 10:28 PM	
24	Low 6:53 PM	0.8			
F 25	High 12:31 AM	2.8	6:51 AM	Rise 2:04 PM	37
25	Low 6:42 AM	0.7	6:52 PM	Set 11:22 PM	
25	High 1:09 PM	3.7			
25	Low 7:52 PM	1.0			
Sa26	High 1:26 AM	2.7	6:52 AM	Rise 2:48 PM	47
26	Low 7:38 AM	0.9	6:51 PM		
26	High 2:10 PM	3.5			
26	Low 8:52 PM	1.2			
Su27	High 2:29 AM	2.6	6:53 AM	Set 12:20 AM	56
27	Low 8:37 AM	1.0	6:49 PM	Rise 3:26 PM	
27	High 3:14 PM	3.5			
27	Low 9:50 PM	1.2			

Dear Mr. Arbin-

My family and I just returned from a great week in OC – and I wanted to write and let you know about an experience we had with one of your lifeguards.

Sunday, 8/30 – at the 76th street beach – one of your lifeguards (Will ??) – saved my son. It was an awesome thing to watch – along with being the most petrifying thing I've ever watched.

As a pediatric intensive care nurse – I appreciate when someone is proficient at their job. I felt confident and safe the minute he jumped off his chair – and was so thankful he was there.

He told my son that he was his first child save – we never would have guessed. The rip tide was so strong – he had to swim about a 100yds down to get him out.

I put my son on the bus today for his first day of 5th grade – thanks to that lifeguard . I wish we could do more to recognize him – we aren't completely sure that his name is Will. He told the kids he was returning to college- Please let us know if there is anything more we can do – write to someone else – donate to something – anything.

With our sincerest and deepest thanks-

Dave, Jack, and Brenda Early

2009-2010 Off-Season Contact Information

The following numbers and addresses will ensure that you have all available means to communicate with the OCBP. Keep this page available for future reference.

Ocean City Beach Patrol
P.O. Box 158
Ocean City, MD 21843
410-289-7556
Rec. & Parks: 410-250-0125

Captain Butch Arbin
134 Quail Lane
La Plata, MD 20646
240-349-2834
barbin@ococean.com
barbin@ccboe.com

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Lt. Wes Smith: wsmith@ococean.com
Lt. Mike Stone: mstone@ococean.com
Lt. Ward Kovacs: wkovacs@ococean.com
Sgt. Ryan Cowder rcowder@ococean.com
Sgt. Tim Uebel: tuebel@ococean.com
Sgt. Ed Fisher: efisher@ococean.com
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