

in this mailing, indicating your desire to be considered for the position. A selection committee will then make the appointments, and the candidates will be notified as soon as the selections are made. Although we are not requiring an application if you would like to include anything that you think would help us in making our decision, you may include it with your return packet of information.



Crew 1 dealing with a large summer crowd

Information

Dew Tour Coming to OC
submitted by: Lt. Ward Kovacs

The Dew Tour is an extreme sports competition composed of skateboarding, BMX, freestyle motocross and other events and it is heading for Ocean City for the first time this summer. The July 21-24 competition was looking for a new venue after they ran into scheduling conflicts with Camden Yards in Baltimore. Event organizers wanted to use this opportunity to create a beach event and after talking with sponsors were deciding between Ocean City and Virginia Beach. As usual the Town of Ocean City rolled out the welcome mat and all departments were asked to give input ASAP (within 48 hours). After looking carefully at both locations and several weeks of careful consideration event organizers chose Ocean City over Virginia Beach. The event is expected to draw thousands of spectators and it is a major "WIN" for Ocean City to get this caliber of an event. The site plan shows the instillation of two large stadium style seating areas and the construction of several supporting event areas. This site will cover a large section of the south beach and extends from just north of the pier to the area of North Division Street and will cover the beach to within 100 yards

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**Requirements for
Documentation of Last Day Working!**
submitted by: Lt. Mike Stone



Attention new & returning SRTs. The Beach Patrol is continuing a policy implemented during the 2010 season. In years past we have always asked for **documentation** to support an employee's last day of full-time employment. Examples of this would be a school calendar, letter of new employment, travel documents, etc. Again this summer we are asking for this information when you return your employment agreement. Why are we doing this one might ask? The answer is pretty simple. We have to work within a certain budget and can only hire a certain number of full-time employees. If an SRT has limited availability then we may have to offer one of those positions to someone who can offer the most availability to fit the needs of the Beach Patrol. We are also looking at who is making the most effort, and in some cases, the biggest sacrifice to serve the organization. This policy has been used successfully for several years with any personnel who applied for a part-time position as we required a commitment to working a minimum number of days after August 15th. That is when the Beach Patrol starts to see a decrease in the number of full-time personnel (critical coverage) so we gave priority to SRTs with the best availability.

Another example of this policy has to do with rookie SRTs. Last summer we created a waiting list from the candidates who had passed our pre-employment physical skills evaluation (PEPSE). One of the factors we looked at was how late in the season a person could work. If the availability was limited then we took a person who could work longer. We have even held PEPSE tryouts to target candidates who had availability through Labor Day and into September. This summer is

no different for Rookie SRTs. We have a list of 48 fully qualified candidates from the August & September 2010 tryouts. Those candidates are being asked about their availability before being offered spots in Surf Rescue Academy and will also have to provide documentation to support their last day of employment.

In short, we are asking employees to give us as much as they can because our budget is no different than any other Town of Ocean City department. We have a set budget and we have to work within those constraints. **Start looking for your documentation today and make sure it is returned with your employment agreement.**

Captain's note: It is my responsibility to assure that the Beach Patrol is fulfilling its mission of keeping everyone safe on the beaches in Ocean City. To do this we need to be adequately staffed throughout the season. The Beach Patrol budget fully supports our mission and provides the funding to fill all positions. However, if we hire or re-hire someone who can only work from July 3rd through August 2nd we are choosing them over another person who may have availability through September 12th. We cannot ask this other person to just work from August 3rd through September 12th and it is fiscally irresponsible to over-hire (letting both work), just to allow someone to continue employment.



Do You Have What it Takes to be a Warrior Airman?

submitted by: Technical Sgt Bryan "Mac" McCoy
Air Force Recruiting

Air Force Pararescue:

A Pararescueman is a rescue and recovery specialist supporting Air Force and Special Operations combat search and rescue and personnel recovery. You provide aid to survivors and injured regardless of the terrain and location. Pararescuemen are skilled in surface water operations using both scuba and amphibious procedures, and are certified combat Medics. Training in survival methods enables the Pararescueman to provide for survival of others, including escape and evasion in hostile areas. The Pararescueman's job is to save lives. The requirements are extremely tough- Less than 1 percent of the enlisted force makes the cut.

You never think twice about jumping head first into the unknown. It's in your blood, it's your belief, and it's your way of life. You may be called upon to rescue a combat aircrew in a remote jungle, stabilize a critically injured Airmen and airlift them to safety from behind enemy lines, search for a downed pilot in the ocean, or save victims of a natural disaster.

As a Pararescueman you serve alongside the U.S. Army Rangers, Army Special Forces and Navy SEALs. You're a member of Combat Search and Rescue Team or an Air Force Special Tactics Team. You're among the most highly trained emergency trauma specialists in the U.S. Military. You're also trained for rapid deployment into combat and hostile environments often under harsh conditions anytime and anywhere in the world on a moment's notice.

Pararescuemen are nationally registered paramedics. Your training and experience are highly valued and needed not only by the Air Force, but also by other federal agencies. You'll participate in peacetime search and rescue operations, humanitarian missions, NASA rescue and recovery support and more. The Pararescue motto – "That Others May Live" – reaffirms a commitment to place yourself at risk to save others.

Physical Ability and Stamina Test (PAST)-minimum requirements

2x20 Meter under water swim	
500 meter Surface swim	11 min 30sec
1.5 Mile run	10 min 22sec
Pull ups 6 minimum	1 min
Sit ups 45 minimum	2 min
Push ups 45 minimum	2 min
Males only ages 17 - 27	

This is just one of the opportunities to be a warrior airman. Other opportunities to be a Warrior Airman include but are not limited to: Air Force Combat control, TACP (Tactical Air Control Party), S.E.R.E (Survival, Evasion, Resistance, Escape) instructors (Females eligible)

These are just a few of the 140 Career fields available in the U.S. Air Force.

For more information please visit www.airforce.com or call/ email :

Technical Sgt Bryan "Mac" McCoy
Air Force Recruiting

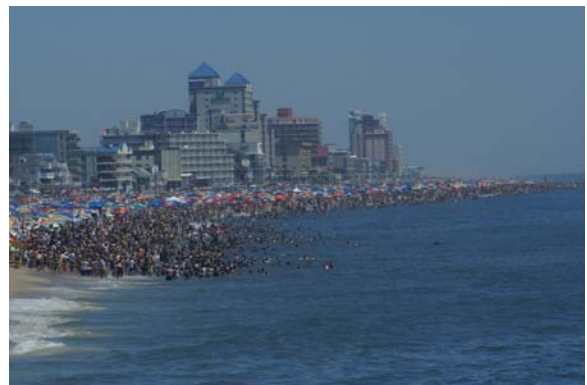


Salisbury, Maryland
Office (410) 742-4710
Fax (410) 860-5983
Bryan.mccoy@randolph.af.mil

Captain's Note: Although I believe serving your country is one of the highest callings a person can pursue, we are not endorsing this opportunity but rather providing awareness of an opportunity that you may otherwise be unfamiliar with. It is true however, that many Beach Patrol Alumni have pursued military careers after their Beach Patrol experience, primarily because of the similarities in the organizations and the disciplined life it provides. If you want to know more about a military career in any of the branches of the service, just ask any of the ex military people who are currently working for the Patrol.

(Dew Tour continued from page 5)

of the water's edge. NBC Sports, MTV and USA are a few of the channels that will broadcast the competition and there are also international networks that will be covering the Tour. Event organizers have also told Town Officials that the lead up promotions will begin a month before the tour and that they will be spotlighting Ocean City for all it has to offer. We are hoping that they are interested in highlighting some aspects of the Beach Patrol. The setup which may take two weeks and the location will present challenges to some aspects of Beach Patrol operations, such as maintaining emergency beach access, handling large, densely packed crowds on the beach, and the possibility of weather hazards like lightning, but the event will provide a great economic lift to the Town of Ocean City, and will certainly provide some memorable moments for Crews 1 and 2.



A nice size crowd on the beach—4th of July weekend 2010

Launch Yourself Into Rescue Craft Duty

submitted by CC Ben Davis

Are you interested in boat duty this summer?

While many SRT's would like this assignment, most don't realize that according to Maryland State law, anyone born on or after July 1, 1972, must

have a Certificate of Boating Safety Education to operate a boat or personal watercraft (PWC).



Further, having this training on file with Beach Patrol is a requirement for OCBPSRA Instructor Certification and a prerequisite to attend rescue craft training. Fitting a safe boating course into an already hectic summer schedule is very difficult. Why not get it out of the way this spring?

You have two options to complete this requirement:

Find a course near you: <http://dnrweb.dnr.state.md.us/nrp/boatingclass.html>

Take the course online for \$25: <http://www.boat-ed.com/Maryland/index.html>

Complete the course, and bring your card with you at check in. Get it done, so you too can have Rescue Craft duty this summer! For out of state residents, a boating safety education certificate issued by another state is valid in Maryland as long as it meets the criteria of the National Association of State Boating Law Administrators. Be cautious of taking other online boating classes, as most do not meet NASBLA criteria.

Captain's Notes: Normally the Beach Patrol does not accept certifications from outside agencies. However, because the Beach Patrol does not offer or sponsor safe boating courses all you are required to do is to get your safe boating certificate to count towards your OCBPSRA certification. You must provide a copy of the boating certificate that will be placed in your personnel file. Safe boater's course is a requirement to attend rescue watercraft class or to receive OCBPSRA Instructor certification (even if you do not choose to be rescue watercraft certified). An additional requirement to attend rescue watercraft school is to have completed your OCBPSRA SRT II certification (Formerly known as Basic). Watch your weekly bulletin this summer for a listing of safe boater's courses in and around the Ocean City area as well as for the specifics of the OCBP rescue watercraft courses. Once certified as a Jet-Drive rescue craft operator you will be able to volunteer to be scheduled for boat duty for regular patrols or for special events (Air Show, Boat races, etc). Although, the safe boater's certification never expires all OCBP rescue craft operators are required to attend a yearly update to remain currently certified.



From the Other Side of the Desk

submitted by: 1st Lt. Skip Lee

As I look at the majority of our Patrol, I see a significant number of college-aged SRTs who are enrolled in school and are, no doubt, planning for their futures. From my career job, I can tell you that in just the last five years, interview panels have changed the direction of questioning and raised the expectations on new applicants during the interview process.

Gone are the days when candidates were in the driver's seat. Today's workplace is in such demand that new applicants must work even harder to secure the few coveted positions being offered by employers. The candidate must not only have an outstanding resume that documents one's educational and employment experiences, but one that is designed with specificity in mind for the position for which he or she is applying. Generic resumes do not work, and they should be carefully proof read before being printed. The employer today is getting literally hundreds of applicants for every position. As the Coordinator of Health, Physical Education and Dance in Anne Arundel County, Maryland, I can tell you as of the time of this publication; I have 178 applications for an anticipated two openings next fall. The odds are not in your favor. On one of the applications I received, the resume read "Objective: to gain employment as a physical education teacher in Harford County." I called the applicant right back and wished him well with his pursuit of getting hired in Harford County. I work for Anne Arundel. It's the attention to detail that gets the employer's attention.

What I recommend to those who are preparing to enter the workforce is to be prepared. Be prepared to not only discuss the position for which you are applying, but the added qualities you bring to the table that are not necessarily found in the job description. Be prepared to discuss the job responsibilities (and your understanding of them) that the employer is expecting. Then go further to say why you are even more qualified and what you bring that is above what would have typically been expected. Be prepared to talk about your experiences with the Ocean City Beach Patrol. While I understand that most jobs away from Ocean City will not require you to effect a rescue in five foot surf, almost every other job will require you to work well with others, work towards a common goal, and work with clear focus on the job at hand.

The Beach Patrol experience provides each of us with a unique opportunity to share the fact that we put the lives and well being of others before ourselves. We can discuss how we perform in stressful and emergency situations without having to make it up. We can share the thrill of a job well done when returning a lost child to a frantic mother. We can honestly share what it is like to be scared in performing our duties but doing it anyway because that is what we are trained and prepared to do...and because we know for sure there are at least two other people who have our back every moment we are on the stand. These are experiences that employers see as "Value Added."

Every employer needs employees who are competent

and able. Every employer needs employees who share in the vision of the company or firm. Every employer needs employees to be team players. Not every candidate brings these traits to the interview and certainly not every candidate can site experience after experience of what is like to be a part of an organization that is bigger than one's self. You have a distinct advantage at the interview table. Be sure to ask Captain Arbin for a letter of reference written to the specific position for which you are applying. The letters he writes are worth their weight in gold – even more these days! Best of luck in your job hunt, and if you ever want to prepare for an interview, feel free to set up an appointment to meet with me during the summer when I am in town.

PS – employers are now asking about content of Facebook and Twitter accounts. I strongly recommend that you clean up your wall posts and the photos that appear in your albums. Your Facebook says a lot about you as a person and what you stand for. Is your Facebook today an indication of the kind of employee you will be tomorrow?

Captain's Note: 1st Lieutenant Lee "Skip" stepped back from his full-time responsibilities with the Patrol so that he could focus on his new twelve-month position with Anne Arundel County, but he didn't totally walk away. Skip continued his affiliation on a part-time basis and worked at critical times in roles that benefit those who were working full-time. Now that he has established himself with Anne Arundel County he has been able to give more time back to the Patrol and didn't lose his seniority or position. Let this be an example to those of you whose directions in life have temporarily caused you to leave full-time. Do whatever you can to remain on a part-time basis so once you're available you can step back into that full-time position. Make yourself available during our critical coverage times late in the season; take your annual leave at the end of August. In addition to Skip, Tim Uebel and Ward Kovacs also followed the same pattern and are now back full-time and Wes is in the process of coming back full-time after a few years of taking care of family responsibilities.

Goal Setting

submitted by: Crew Chief Ben Davis

Here it is, the first week in April. No doubt, you are looking forward to the end of the winter/school grind. The last week in May will be here before you know it. What are you planning on doing this summer?

Hopefully, you have said: "returning to Ocean City to work for the Beach Patrol". The next question is; "what goals do you have for yourself"? If you are a rookie, surviving academy and keeping your job for the summer might sound like good goals, but you should be pushing yourself for a bit more than that. If you are a veteran, you know your strengths and weaknesses. You should be setting goals in both these areas.

One thing every SRT should have for themselves is goal times for the run and the swim. The qualification test has not changed. It is a 300m soft sand sprint in 65 seconds (or 400m track run in 80 seconds), and a 400m ocean swim (or 500m pool swim) in 10 minutes. Returning to Ocean City prepared to

pass the test is mandatory.

Here are some guidelines for setting goals. I will use the 300m soft sand sprint as my example. All your goals should be SMART. They should be:

- S**pecific - Running fast is not a goal. Your goal should have very definite achievement criteria.
- M**easurable - Put a measurement on it. Running the 300m sprint in 56 seconds is measurable.
- A**chievable - In as much as I wish I could teleport from start to finish, that is not going to happen.
- R**ealistic - Similar to achievable, but the probability of me ever running the test in a 49 is highly unlikely. Your goals should be realistic for you.
- T**ime oriented - You should have a deadline for when you want the goal completed. You should also establish benchmarks along the way to track progress towards this goal. This may tell you if your goal is properly set.

Once you have set your goal, it is time to create an action plan for it. What are you going to do to achieve this goal? Write it down. Make sure to include benchmarks along the way to ensure you are on track.

While you should have goals for the qualification test, this is only the beginning. If you want to be a competitor in any of the competitions over the summer, start setting goals for yourself now. We offer everything from a 200m sprint and beach flags to a sprint triathlon, and everything in-between. Maybe this summer you want to learn a specific skill or language.

My last piece of advice is, share these goals with someone. Every crew chief and sergeant would be very happy to hear about what your goals are, and help you achieve those goals. Further, share them with a fellow SRT. To steal a Covey-ism, when you share your goals with someone else, you synergize them. This will help motivate them (sometimes competitively) to improve themselves too!

Captains note: Ben is a great example of someone who fully involves himself in the Beach Patrol experience and is always looking for ways, not only to improve himself, but also to improve the Beach Patrol operationally as an organization. When we needed a survival guide and talked about it for several years but no one had the time to develop it, Ben created one and brought it to me. No one asked Ben to do this, he just knew it needed to be done and took it upon himself and it is still in use today. Ben used the example of physical preparation and he is right on target for something we each need to make a priority. It has happened on several occasions that someone was not able to re-qualify because they didn't take this requirement seriously enough. Do not let this happen to you. If you need specific help with planning your physical preparation you should contact Lieutenant Wes Smith wes@miami.edu who is a professor of exercise physiology at University of Miami.



One goal for SRTs should be to complete OCBPSRA certification requirements. The patch to the left is earned once landline training is completed.