



# OCEAN CITY BEACH PATROL

## WEEKLY BULLETIN

Week of August 17, 2015 to August 23, 2015

### MONDAY, AUGUST 17, 2015

**Officer-in-Charge:** Captain Arbin; **Lieutenants Available:** Lt. Stone; Lt. Kovacs

**WEEKLY MEETING:** CONVENTION CENTER – 41<sup>ST</sup> STREET-Northwest corner behind the indoor Food Court

**OFFICERS' MEETING:** Cancelled

**CREW CHIEF MEETING WITH AREA SERGEANTS:** 0800hrs

**FULL CREW CHIEF MEETING:** 0815hrs

**SEMAPHORE TEST:** 0820hrs- REQUIRED TO PASS PROBATIONARY STAGE

**CREW MEETING:** 0830hrs (Turn in individual stats, get schedule, assignments, and information from Crew Chief)

**USLA ANNOUNCEMENTS:** 0845hrs

**GENERAL MEETING:** 0850hrs

**LIEUTENANTS' MEETING:** 0945hrs

**OCBPSRA:** Physical Skills Events are completed for this season; you are encouraged to complete Dispatch training and certifications from outside agencies, such as Safe Boaters, NIEMS, SCUBA, etc.

**Opportunity to Compete:** None

**Workout:** Swim Day- Crew Chief determines specific workouts.

**Surfing Beaches:** Inlet / 5<sup>th</sup> St. / 73<sup>rd</sup> St.

**Tides:** High: 0956hrs

Low: 1603hrs

**Special Events:** Beach Fireworks- N. Division St.-2200hrs

### TUESDAY, AUGUST 18, 2015

**Officer-in-Charge:** Captain Arbin; **Lieutenants Available:** Lt. Stone; Lt. Kovacs

**OCBPSRA:** Physical Skills Events are completed for this season; you are encouraged to complete Dispatch training and certifications from outside agencies, such as Safe Boaters, NIEMS, SCUBA, etc.

**Opportunity to Compete:** None

**Workout:** Run Day- Crew Chief determines specific workouts.

**Surfing Beaches:** Inlet / 3<sup>rd</sup> St. / 71<sup>st</sup> St.

**Tides:** High: 1036hrs

Low: 1645hrs

**Special Events:** Beach Safety Presentation- OC Lifesaving Museum- 1000hrs

Beach Wedding- 12<sup>th</sup> St.- 1800hrs

Beach Fireworks- N. Division St.- 2200hrs

S.R.T. Name:	Monday 8/17/2015	Tuesday 8/18/2015	Wednesday 8/19/2015	Thursday 8/20/2015	Friday 8/21/2015	Saturday 8/22/2015	Sunday 8/23/2015	CREW
Daily Assignment								
Rescues								
Preventative actions								
First Aids								
								Totals

## **WEDNESDAY, AUGUST 19, 2015**

**Officer-in-Charge:** *Captain Arbin; Lieutenants Available: Lt. Kovacs*

**OCBPSRA:** Physical Skills Events are completed for this season; you are encouraged to complete Dispatch training and certifications from outside agencies, such as Safe Boaters, NIEMS, SCUBA, etc.

**Opportunity to Compete:** None

**Workout:** Swim Day- Crew Chief determines specific workouts.

**Surfing Beaches:** Inlet / 1<sup>st</sup> St. / 69<sup>th</sup> St.

**Tides:** High: 1117hrs  
Low: 1729hrs

**Special Events:** Concerts on the Beach- *Rising Sun Reggae*- 2000hrs- Caroline St. Stage  
Movies on the Beach- *Frozen*- Carousel Hotel—2030hrs

## **THURSDAY, AUGUST 20, 2015**

**Officer-in-Charge:** *Captain Arbin; Lieutenants Available: Lt. Stone; Lt. Kovacs*

**OCBPSRA:** Physical Skills Events are completed for this season; you are encouraged to complete Dispatch training and certifications from outside agencies, such as Safe Boaters, NIEMS, SCUBA, etc.

**Opportunity to Compete:** None

**Workout:** Run Day- Crew Chief determines specific workouts.

**Surfing Beaches:** Inlet / Caroline St. / 67<sup>th</sup> St.

**Tides:** High: 1159hrs  
Low: 1816hrs

**Special Events:** OC Sandfest- Performance Art Festival thru Aug. 22<sup>nd</sup>- N. Division St. to 4<sup>th</sup> St.  
Sunset Park Party Night- *Eclipse*- (*Journey Tribute Band*)- S. Division St.- 1900hrs

**Pre-Employment Physical  
Skills Evaluation**

**September 5**

**Registration at 1000hrs  
Dorchester St.**

**Write this info on your sign  
and announce during your  
Beach Safety Presentations**



## **FRIDAY, AUGUST 21, 2015**

**Officer-in-Charge:** *Captain Arbin; Lieutenants Available: Lt. Stone; Lt. Kovacs*

**OCBPSRA:** Physical Skills Events are completed for this season; you are encouraged to complete Dispatch training and certifications from outside agencies, such as Safe Boaters, NIEMS, SCUBA, etc.

**Opportunity to Compete:** None

**Workout:** Swim Day- Crew Chief determines specific workouts.

**Surfing Beaches:** Inlet / 66<sup>th</sup> / 146<sup>th</sup> St.

**Tides:** High: 1246hrs  
Low: 0629hrs

**Special Events:** None

## **SATURDAY, AUGUST 22, 2015**

**Officer-in-Charge:** *Captain Arbin; Lieutenants Available: 1<sup>st</sup> Lt. Lee; Lt. Stone; Lt. Kovacs*

**OCBPSRA:** Physical Skills Events are completed for this season; you are encouraged to complete Dispatch training and certifications from outside agencies, such as Safe Boaters, NIEMS, SCUBA, etc.

**Opportunity to Compete:** None

**Workout:** Run Day- Crew Chief determines specific workouts.

**Surfing Beaches:** Inlet (Conditionally Open) / 64<sup>th</sup> St. / 144<sup>th</sup> St.

**Tides:** High: 1337hrs  
Low: 0716hrs

**Special Events:** ESA Surf Competition- 36<sup>th</sup> St.– Dawn to Dusk  
Beach Weddings- 120<sup>th</sup> St.- 1100hrs & 91<sup>st</sup> St.- 1800hrs



## **SUNDAY, AUGUST 23, 2015—End of Pay Period**

**Officer-in-Charge:** 1<sup>st</sup> Lt. Lee; **Lieutenant Available:** Lt. Stone

**OCBPSRA:** Physical Skills Events are completed for this season; you are encouraged to complete Dispatch training and certifications from outside agencies, such as Safe Boaters, NIEMS, SCUBA, etc.

**Opportunity to Compete:** None

**Workout:** Swim Day- Crew Chief determines specific workouts.

**Surfing Beaches:** Inlet (Conditionally Open) / 62<sup>nd</sup> / 142<sup>nd</sup> St.

**Tides:** High: 1435hrs  
Low: 0807hrs

**Special Events:** ESA Surf Competition- 36<sup>th</sup> St.– Dawn to Dusk

OC Sandfest- Performance Art Festival thru Sept. 1<sup>st</sup>- N. Division St. to 4<sup>th</sup> St.- 0900hrs until 1700hrs

OC Cruzers Car Show- Somerset Plaza- 1430hrs

Sundaes in the Park & Fireworks- *Front Page News*- Northside Park- 1900hrs

O.C. Beach Lights- N. Division St.- 2130hrs, 2200hrs, & 2230hrs

## **MONDAY, AUGUST 24, 2015**

**Officer-in-Charge:** Lt. Stone; **Lieutenant Available:** Lt. Kovacs

**WEEKLY MEETING:** CONVENTION CENTER – 40<sup>th</sup> STREET-Southwest corner on steps

**CREW CHIEF MEETING:** 800hrs

**SEMAPHORE TEST:** 0820hrs—REQUIRED TO PASS PROBATIONARY STAGE

**AREA MEETING WITH SERGEANTS:** 0825hrs

**CREW MEETING:** 0830hrs (Turn in individual stats, get schedule, assignments, and information from Crew Chief)

**GENERAL MEETING:** 0845hrs

**LIEUTENANTS' MEETING:** 0945

**OCBPSRA:** Physical Skills Events are completed for this season; you are encouraged to complete Dispatch training and certifications from outside agencies, such as Safe Boaters, NIEMS, SCUBA, etc.

**Opportunity to Compete:** None

**Workout:** Run Day- Crew Chief determines specific workouts.

**Surfing Beaches:** Inlet / 60<sup>th</sup> St. / 140<sup>th</sup> St.

**Tides:** High: 1534hrs  
Low: 0903hrs

**Special Events:** OC Sandfest- Performance Art Festival thru Sept. 1<sup>st</sup>- N. Division St. to 4<sup>th</sup> St.- 0900hrs until 1700hrs

Fireworks- N. Division St.- 22:30hrs

### **UPCOMING 2015 BEACH PATROL EVENTS**

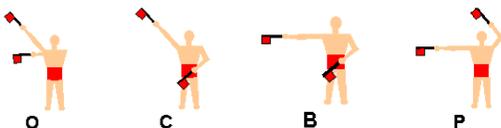


Sept. 5 OCBP Pre-Employment Physical Skills Evaluation

### **Upcoming Town of Ocean City Special Event**

OC Beach Ultimate Classic Frisbee Tournament	Aug. 15-16	Somerset Plaza	
ESA Surf Series	Aug. 22 or 23	36 <sup>th</sup> St.	Dawn to Dusk
OC Sandfest	Aug. 24-30	N. Division St. to 4 <sup>th</sup> St.	
OC Jeep Week	Aug. 27-29	29 <sup>th</sup> St. to Inlet	0700hrs to 0930hrs
80s Endless Summer Beach Boot Camp Bash	Sept. 14	2 <sup>nd</sup> St.	1500hrs to 2000hrs

**Last Opportunity to take the Semaphore Test for 2015!**  
**Monday, Sept. 7<sup>th</sup>**



### **Recruiting Opportunities**

Our 2<sup>nd</sup> Pre-Employment Physical Skills Evaluation for next season will take place on Saturday, Sept. 5<sup>th</sup>. This will be the last test of the season before we begin our off-site campaign. Remember to mention this testing opportunity to potential candidates that you know or meet on the beach. Registration begins at 1000hrs on the beach at Dorchester St.



**Pre-registration is highly encouraged!**

<u>Stats.</u>	<u>Week 12</u> 8/3/15 to 8/9/15	<u>Week 12</u> Year-To- Date 2015	<u>Week 12</u> 8/4/14 to 8/10/14	<u>Week 12</u> Year-To- Date 2013	<u>Week 12</u> 8/5/13 to 8/11/13	<u>Week 12</u> Year-To- Date 2013	<u>Week 12</u> 8/6/12 to 8/13/12	<u>Week 12</u> Year-To- Date 2012
<b>Action</b>								
<b>Preventions</b>	9010	47742	3344	32031	1489	23476	3218	50944
<b>Rescues</b>	171	1803	174	1730	41	1502	46	2282
<b>Minor First Aid</b>	106	973	158	891	108	1045	128	1137
<b>Ambulance Calls</b>	25	148	59	168	14	91	18	171
<b>Police Calls</b>	9	106	22	92	8	115	11	104
<b>USCG/MDNRP</b>	2	6	0	13	0	6	0	5
<b>Lost/Found Persons</b>	38	314	52	370	42	356	34	417
<b>N. Surf Beach Population</b>	16	337	6	230	104	600	7	417
<b>S. Surf Beach Population</b>	415	2288	152	2700	65	2116	494	3393
<b>Inlet Surf Beach Population</b>	80	556	176	901	66	578	15	907
<b>Beach Wheelchair Usage</b>	36	316	46	351	40	354	48	351



**OCBP: TYPICAL CAREER TRANSITION**



**Chuck McCullough**  
OCBP: 1985-1990

Appointed 2011: Inspector General for the Intelligence Community of the United States of America

**Equipment Turn in Procedure for Full Time Employees Changing to Part-Time**

If you live more than 30 miles away, you are required to turn in all equipment once you end your full-time status (available 7 days a week). If you are working part-time after your last full-time day, you will pick up equipment from HQ before you are scheduled for duty.

**A Note from Captain Regarding Requests for Recommendations**

Between seasons, I am often asked to complete references and recommendations. If you need me to provide something like this for you, I ask that you make the request in writing. In that request you should give me any information that will help me in giving you the best possible recommendation. I will need to know to whom it goes and if there is a particular format or form that is required. It will also be helpful to remind me of some of the Beach Patrol activities that you have been involved in, such as JBP, Camps, special duties, etc. I also will need a fair amount of lead-time since personnel files are secured in Ocean City while I am in La Plata. You may send your request by e-mail or if you are required to mail to a physical address, you may use:

Captain Butch Arbin  
134 West Quail Lane  
La Plata, Maryland  
20646

**OCBP License Plates**

Listed below are the guidelines for receiving these special logo plates

*Your vehicle must be registered in Maryland.  
Pick up the MVA form VR-124 from Captain Arbin.*



Fill out form completely.

Attach a check made payable to the Ocean City Beach Patrol Surf Rescue Association (OCBPSRA) for \$50.00. This is a one-time fee and will not be charged again.

If you are requesting a specific number, make sure it is still available.

Return form to Beach Patrol Headquarters. Do not send or take to MVA—the form needs an authorizing signature to process.

Once the VR-124 form and check have been received, it takes 4-6 weeks to receive the tags. They will be mailed to the address on your registration.

In the future, you will receive the regular tag renewal application directly from the MVA every 2 years.

### OCBP Question-of-the-Week for The Worcester County Times

**This Week's Question:** I noticed that the lifeguards clear the water and then walk backwards when leaving the beach for the night. Why do they do this? Every Surf Rescue Technician (SRT/lifeguard) on the Ocean City Beach Patrol clears the water in front of their stand every evening between 5:20 and 5:30 p.m. (earlier if we feel it will take longer to inform everyone of the dangers of swimming without the Lifeguard) All SRTs covering ten miles of beach, simultaneously will blow their whistles and point toward the west with their semaphore flags as an indication that the beach patrol is no longer on duty, prior to climbing down from the lifeguard tower for the evening. As the SRTs are calling everyone out of the water, many beach patrons will approach the stand and ask, "Why are you clearing the water?" This gives the SRT the opportunity to explain the dangers of swimming when the beach patrol is not on duty.

Our beach patrol has always made it a priority to let swimmers know when we were off duty. This includes published hours and a community supported education campaign. This procedure of clearing the ocean is to indicate to the bathers, still in the ocean, that the lifeguards are about to leave and should stop all water related activities for the day, in hopes that it will reduce the chance of after-hours drownings. Unfortunately, we have had several cases where parents felt they could provide safety for their children and allowed them to swim without the lifeguard and in several cases the parent as well as some of their children paid the ultimate price of this very poor decision and lost their lives.

Surely before and after-duty drownings can occur on any beach. In fact, just this week we had dozens of rescues when the Beach Patrol was not on duty. Luckily for these people that chose to swim without lifeguards, we had personnel in the area setting up for the day. Like all beach patrols, we do everything we can to reduce these tragic occurrences. Clearly, public education is the key. We have found that both our public education efforts and the practice of calling all swimmers ashore before we get off duty has greatly reduced not only the number of off duty rescues (911 calls) but off duty drownings as well. By clearing the water prior to our departure, any swimmers who do re-enter the ocean know there is no longer a guard watching them. Clearing the water at the end of our shift may seem routine, but we must never take the goal of this policy lightly and in fact, Ocean City ordinance makes it illegal to remain in the ocean when a surf rescue technician has directed someone to leave the water. Before we started clearing the water of swimmers prior to going off duty at 5:30, it is very possible that a swimmer could have entered the water while guards were on duty, only to turn around and find the stands empty and pulled back for the night. In most cases this would not be a problem. However, if the swimmer were to become caught in a rip current, the situation could quickly take a tragic turn, despite their intentions to swim only under the watchful eyes of the beach patrol. In contrast, by pulling everyone out of the ocean before we leave the beach, we know that those who enter the water during unguarded hours are taking that risk knowingly. It is critical that we continue our efforts to educate the public, warning them of the dangers of swimming on unguarded beaches, and that we do whatever it takes to make sure people leave the ocean before we cross over the dune, leaving our beaches for the night.

As for walking backwards the SRTs are trained during Surf Rescue Academy to never turn their backs to the ocean and be aware of everything going on in their water. During this academy (which is similar to a military boot camp) all rookies are taught the necessary skills, techniques, procedures and protocols necessary to become a certified Surf Rescue Technician. The academy instructors, like drill sergeants, are constantly emphasizing and reminding the rookies of the critical importance to never turn their backs to the ocean. Returning SRTs receive the same treatment during their annual re-certification. Therefore, when you see a lifeguard walking backwards it is because they have chosen to continue what was emphasized in Surf Rescue Academy although walking backwards off the beach is not required at the end of their shift. Your SRT has probably continued this practice as a result of their pride and professionalism for their job. As you can see, the Ocean City Beach Patrol and the individual SRTs take the responsibility of guarding the beaches of Ocean City very seriously. We want you to have a safe and enjoyable stay at the beach and remember to "Keep your feet in the sand until the Lifeguard's in the stand!"

#### **Meet the Lifeguard: Crew Chief Emmanuelle Clouser**

Crew Chief Emmanuelle Clouser has been with the Beach Patrol for seven years. She is in charge of Crew 4, which covers the beach from 12th Street to 16th Street. Emmanuelle is the OCBP Coordinator of Movies on the beach and Family Olympics. She also assists with the Junior Beach Patrol program. As a United States Lifesaving Association member, Emmanuelle is also very involved in competitions. She is an active competitor for our OCBP Competition Team.

Emmanuelle likes to practice yoga, run and cook. She has a bachelor degree in health and physical education. This past off season she moved from Canada to Pennsylvania, was a nanny to 3 adorable children and taught swim lessons.

CC Emmanuelle Clouser and the other lifeguards of the Ocean City Beach Patrol are glad to answer any of your beach and water safety questions.



## OCBP Triathlon Results- August 1, 2015

Cruiser Division		
	Male	Female
1 <sup>st</sup> Place	Dan Pogonowski	Aude Lemaire-Hamel
2 <sup>nd</sup> Place	Jon Clouser	Macey Yates
Road Bike Division		
1 <sup>st</sup> Place	Joe Keefe	Liz Vander Clute
2 <sup>nd</sup> Place	Travis Wagner	Marguerite O'Conner
Mountain Bike Division		
1 <sup>st</sup> Place	George Souranis	Emmanuelle Clouser
2 <sup>nd</sup> Place	Will Gray	Karlee Zywaszko
Relay Teams		
1 <sup>st</sup> Place	Antoine Bernier David Hood	Cate Calogero
Tandem		
1 <sup>st</sup> Place	Ryan Latgis	Emily Gartrairor

### Event Results for Crew Comps-July 25, 2015

Event	Place	Crew
Land Line	Gold-1 <sup>st</sup>	Crew 1
	Silver-2 <sup>nd</sup>	Crew 14
	Bronze-3 <sup>rd</sup>	Crew 12
Rescue Board Relay	Gold-1 <sup>st</sup>	Crew 15
	Silver-2 <sup>nd</sup>	Crew 8
	Bronze-3 <sup>rd</sup>	Crew 12
Run-Swim-Run Relay	Gold-1 <sup>st</sup>	Crew 1
	Silver-2 <sup>nd</sup>	Crew 11
	Bronze-3 <sup>rd</sup>	Crew 14
Soft Sand Relay	Gold-1 <sup>st</sup>	Crew 10
	Silver-2 <sup>nd</sup>	Crew 15
	Bronze-3 <sup>rd</sup>	Crew 14
Tug-of-War	Gold-1 <sup>st</sup>	Crew 12
	Silver-2 <sup>nd</sup>	Crew 13
	Bronze-3 <sup>rd</sup>	Crew 1



## Attaboys!

### A Message from the Town Website

From: anthonyrossi

I must say I was very impressed with the life guard you had on duty (short blonde girl) on 21st St. stand. Super-fast acting and provided a tutorial as well for the day.

### A Message from the Town Website

From: Mombark@

We came to Ocean City on August 1 and stayed until August 7, 2015. I would like to take a moment to commend one of your lifeguards who was working on Beach 12th Street. I don't know his name, however, maybe you can figure out who he was by the dates we were there. He had medium colored brown hair. The water was really rough and he didn't take his eyes off the water for even one minute. At one point he called everyone out of the water and off the beach to gather around the lifeguard stand and he explained that the water was very rough and about the rip tides. He explained what to do if caught in a rip and he was very informative. I saw him jump off the lifeguard stand at least twice to assist swimmers. He really seemed to be very serious about his job and was on top of his game. Kudos to him and all your lifeguards for doing a great job !

### Overall Results for Crew Comps 2015

Place	Crew	Total Points
1 <sup>st</sup>	Crew 1	39
2 <sup>nd</sup>	Crew 14	31
2 <sup>nd</sup>	Crew 15	31
4 <sup>th</sup>	Crew 12	23
5 <sup>th</sup>	Crew 11	19
6 <sup>th</sup>	Crew 8	18
7 <sup>th</sup>	Crew 10	16
7 <sup>th</sup>	Crew 13	16
9 <sup>th</sup>	Crew 4	12
10 <sup>th</sup>	Crew 7	11
11 <sup>th</sup>	Crew 6	10
12 <sup>th</sup>	Crew 3	9
13 <sup>th</sup>	Crew 5	8
14 <sup>th</sup>	Crew 17	6
15 <sup>th</sup>	Crew 16	5
15 <sup>th</sup>	Crew 9	5
15 <sup>th</sup>	Crew 2	5

**From:** Michelle Baughman  
**Sent:** Friday, August 14, 2015 7:26 PM  
**To:** Butch Arbin  
**Subject:** Thanks for rescuing my son!

Dear OC Lifeguards,

I would like to say thank you to the life guards who rescued my fifteen year old son, Jeremy ,from a rip current between 44th and 46th streets on Monday, August 10th. My son had a shoulder injury from a recent skateboarding accident that was preventing him from being able to swim effectively because he was so exhausted from fighting the current. Your excellent and commendable life guards were able to see that he was in trouble and came to his aide.

Thank you,

Michelle Baughman  
 AMC Connecticut Chapter Program Chairman

## More Attaboys!



### A Message from the Town Website

From: bzmomof02@

I am writing to commend your lifeguards on what a great job they are doing at OCMD! My family of 16 stayed at the Quay at 107 and went onto the beach everyday straight out from our condo. Our lifeguards names were Dan and Jimmy, and they were absolutely wonderful gentleman! Each day, they would gather up all of the vacationers and give them the safety concerns of the day, which was extremely appreciative and helpful to our kids since there were strong riptides and extremely strong waves while we were there. They were very knowledgeable, very caring and always very alert and helpful to anyone in need. What a great group of lifeguards you have, and you, as well as they, should be very proud of the work they are doing. Thank you so much for a wonderful week of vacation. Just wanted to express my gratitude for all of their knowledge and safety awareness. It is much appreciated! What a great team!

From: Alyson Dietz  
Sent: Saturday, August 15, 2015 11:17 AM  
To: Butch Arbin; Skip Lee; Michael Stone; Edward Kovacs  
Subject: Thank You, and Great Job!!!

Dear Butch, Skip, Mike, and Ward,

I wanted to give my heartfelt thanks to the OCBP, and to the guard doing lunches on 39th street this past Monday, August 10. My two boys, ages 10 and 14, spent the morning boogie boarding in a strong current. They would start on the north side of the guard about 15 yards up, where I was sitting, and blow to just south of the stand, get out, walk up, and start over. At some point they decided to try it with no boogie boards. The next thing I know, they are being blown way to the south of the guard, and they are caught in a rip in deep water. The 14 year old, Zach, was okay, but his little brother, Ben, started to panic and take on water, even though he is a not a bad swimmer and has been taught what to do in a rip. Things very quickly started to look scary. The minute that I stood up in alarm, the guard was already almost there. I think that he pulled out another little girl at the same time. I did not need to do anything but stand there on the beach and worry like every other mom who has had a kid rescued by the OCBP. After all of the tons of kids that I pulled out back in my day, wow, it sure is something else when you are watching your own precious child clinging to the buoy!! I had to laugh when the guard (who was very polite), acted like it was no big deal when I thanked him, because I remember feeling the same way when I was on the stand--all in a day's work. When you are the mom, however, it is a big deal--a VERY big deal!! It's a shockingly different perspective. I know that you hear this all of the time, but thank you for all that you do, and thank you to the guard who was alert and acted quickly that day. As it was, Ben was totally fine, just a little shaken up and water logged from swallowing too much sea water. Both boys gained a newly acquired, healthy respect for the ocean and what it really means to be caught in a rip. Ben went on to have a wonderful time doing Junior Beach Patrol that week, and who knows, maybe one day he or Zach will be able to pass along the favor to someone else's kid. Thank you again!!

Secondly, for whatever it is worth, I have noticed a big difference this year in the PR and other images I have seen of the females on the beach patrol. I do not know if this is intentional or just a coincidence, but I am happy (and relieved) to see it. I wanted to say something given how upset I was last year!

Have a beautiful and peaceful fall, and as always, I hope to see you all very soon.

Yours in lifesaving,

Alyson Layne