

Dragging the Stand

Phase Five of the test requires the candidate to move the 300lb. lifeguard tower. The candidate will receive instruction in how to manipulate the tower, incorporate momentum and ultimately safely move the chair a distance of 20 meters.

On Site Testing



Testing officers demonstrate on to move the stand.



Testing officers demonstrate how to drag the stand around the marker and back.



Candidates practice and demonstrate the technique of moving the 300lb stan

Off Site Testing



Candidates move the stand with the encouragement and spotting of testing officers.



Candidates practice the technique of moving the stand.

