



OCEAN CITY BEACH PATROL

WEEKLY BULLETIN

Week of Monday, July 18, 2022 - Monday, July 25, 2022

Monday, July 18, 2022

WEEKLY MEETING: CONVENTION CENTER – 40th STREET-Southwest corner on steps

CREW CHIEF MEETING WITH AREA SERGEANTS: 08:00hrs

FULL CREW CHIEF MEETING: 08:15hrs

SEMAPHORE TEST: 08:15hrs- REQUIRED TO PASS PROBATIONARY STAGE

CREW MEETING: 08:30hrs (Turn in individual stats, get schedule, and assignments, and information from Crew Chief)

OFFICERS' MEETING: 08:30hrs

USLA ANNOUNCEMENTS: 08:45hrs

GENERAL MEETING: 08:50hrs

SPECIAL Presentation to Captain Arbin – Presented by Debi, Ward, Mike, and Tom Shuster

LIEUTENANTS' MEETING: 09:45hrs

Mayor and City Council Meeting – 1800 - Recognition of Captain Butch Arbin for 50 Years of Service with Ocean City Beach Patrol

Opportunity to Compete: Ocean Series- Dewey Beach, DE

OCBPSRA Certification: Resumes July 19th (Tomorrow)

Work-out: Swim Day - Crew Chief determines specific workouts

Surfing Beaches: Inlet OPEN / 49th Street / 129th Street

Tides: High: 12:06:00 PM

Low: 6:20:00 PM

Special Events: Proclamation Dedication for Captain Arbin at City Hall 1800hrs Council Chambers. OC Dance Party-Caroline St. Stage-19:30hrs, Drone Show-Dorchester St.-21:30hrs, Movies on the Beach-27th PAW Patrol-Movies start at Dusk

Beach Weddings: 10th St. 6:30pm

Beach Bonfires: 36th, 46th, 47th, 51st (2), 74th, 77th, 88th, 95th, 100th, 101st, 115th, 134th, 138th



**Ocean City Baptist
Church FREE Dinners
on Mondays 6:00-8:00pm**

SRT Name	MON	TUE	WED	THU	FRI	SAT	SUN	Crew #
	7/18/2022	7/19/22	7/20/22	7/21/22	7/22/22	7/23/22	7/24/22	
Daily Assignment								
								Totals
Rescues								
Preventative Actions								
First Aids								
Smoking Enforcement								

Tuesday, July 19, 2022 – OIC Lt Stone

OCBPSRA Certification: SRT II-Fins and Landline, SRT III-quad Cert/Recert-70th St. 0800hrs

Opportunity to Compete: Floor Hockey-Northside Park 125th St.-19:00hr

Tuesday, July 19, 2022(Continued)

JBP Academy III: Day 1- Morning Session 08:00hrs to 11:30hrs (Instructors report at 07:30hrs),
Afternoon Session- Day 1- 13:00hrs- 16:30hrs

Work-out: Run Day - Crew Chief determines specific workouts

Surfing Beaches: Inlet OPEN / 47th Street / 127th Street

Tides: High: 1:01:00 PM

Low: 7:21:00 PM

Special Events: OC Lifesaving Museum- 10:00hrs,
USSSA-Daily-Wicomico-Caroline St., Family Beach Games-27th St. 1830hrs

Beach Weddings: None

Beach Bonfires: 46th, 54th, 59th, 61st, 70th, 71st, 81st, 84th, 98th, 109th, 115th,
117th, 118th, 120th, 128th

OCBP Floor Hockey

Tuesdays, July 19 & 26
August 9, & 16

Northside Park- 19:00hrs \$5.00

Wear Your Athletic Shoes. No Blades



Contact Sgt. Weingard
for more details.

Wednesday, July 20, 2022

7:30 AM "God Stories" 9 8th St, Unit 2 (upstairs). Beach block, a few houses from the boardwalk. (Andy will be outside on the porch at 7:30.)

OCBPSRA Certification: SRT II -One Mile Run

SRT III-Two Mile Run & Managing Personnel-70th St. 0800hrs

JBP Academy III: Day 2- 08:00hrs to 11:30hrs (Instructors report at 07:30hrs),

Afternoon Session- Day 2- 13:00hrs- 16:30hrs

Opportunity to Compete: USLA Regionals – Crafts – Wildwood, NJ

Work-out: Swim Day - Crew Chief determines specific workouts

Surfing Beaches: Inlet OPEN / 45th Street / 125th Street

Tides: High: 1:59:00 PM

Low: 7:44:00 AM

Special Events: Storytime on the Beach-11:30-12:00hrs-Caroline St.,
Movies on the Beach-Sing 2-Carousel-118th St.-Movies start at dusk

Beach Weddings: None

Beach Bonfires: 31st, 46th, 64th, 83rd, 87th, 89th, 94th, 101st, 107th, 112th, 124th, 130th

Thursday, July 21, 2022

OCBPSRA Certification: SRT II-Rescue Board- Full Certification

SRT III-Run/Swim/Run & Evaluating-70th St. 0800hrs

JBP Academy III: Day 3- 08:00hrs to 11:30hrs (Instructors report at 07:30hrs),

Afternoon Session- Day 3- 13:00hrs- 16:30hrs

JBP One-Day Clinic: 13:00hrs- 16:30hrs- Tell the kids on your beach so they can register for the clinic!

Work-out: Run Day - Crew Chief determines specific workouts

Surfing Beaches: Inlet OPEN / 43rd Street / 123rd Street

Tides: High: 2:58:00 PM

Low: 8:33:00 AM

Special Events: Family Beach Games-Carousel -118thSt. 1830hrs, Camp Horizons 10:00hrs.
OCBP Paintball-18:30hrs-West OC Paintball

Beach Weddings: 59th St.1800hrs

Beach Bonfires: 62nd, 63rd, 85th, 94th, 110th, 115th, 120th, 126th, 130th, 136th, 146th



Private Evening Play for OCBP Only!

Thursday July 21st 18:30hrs

\$40.00 per person/cash

Additional fee for CC

See Sgt. Weingard for more info

Friday, July 22, 2022-Pay Day

OCBPSRA Certification: SRT II-One Mile Swim

SRT III-200M Sprint & Operational Management-70th St. 0800hrs

Opportunity to Compete: Area Competition-65th St.-18:30hrs

OCBP Area Competition

Friday July 22

65th Street

18:30 after work

See Sgt. Wilder with

questions or for

additional information.



Friday, July 22, 2022-Pay Day (Continued)

JBP Academy III: Day 4- 08:00hrs to 11:30hrs (Instructors report at 07:30hrs),
Afternoon Session- Day 4- 13:00hrs- 16:30hrs

Work-out: Swim Day - Crew Chief determines specific workouts

Surfing Beaches: Inlet OPEN / 41st Street / 121st Street

Tides: High: 3:56:00 PM
Low: 9:21:00 AM

Special Events: Fitness Fridays (paid workout/training) 0800-0900hrs-
Location TBA - See Sgt. Wagner for more information,
Movies on the Beach-Coco-27th St.-Movies start at dusk

Beach Weddings: 116th St.6pm., 133rd St. 7pm., 59th St.7:30pm.

Beach Bonfires: 38th,46th,63rd,67th,74th,81st, 91st,94th,115th, 123rd,133rd

Saturday, July 23, 2022

OCBPSRA Certification: None

Work-out: Run Day - Crew Chief determines specific workouts

Surfing Beaches: Inlet CLOSED / 39th Street / 119th Street

Tides: High: 4:49:00 PM
Low: 10:11:00 AM

Special Events: Red Bull Foam Wreckers-0900-1600hrs-35th-36th Street,
Celebration of Life -Gavin Knupp-Paddle out- 36th St. 17:00hrs.

Beach Weddings: 59th St-7:30pm,115th Street-6:30pm

Beach Bonfires: 42nd,44th, 48th,61st, 71st,115th,123rd,127th,133rd,135th,142nd,146th

Sunday, July 24, 2022

OCBPSRA Certification: None

Work-out: Swim Day - Crew Chief determines specific workouts

Surfing Beaches: Inlet CLOSED / 37th Street / Fountain Head (117)

Tides: High: 5:37:00 PM
Low: 11:01:00 AM

Special Events: None

Beach Weddings: None

Beach Bonfires: 52nd, 79th, 82nd, 94th, 99th,109th, 125th, 139th,146th

Monday, July 25, 2022

WEEKLY MEETING: CONVENTION CENTER – 40th STREET-Southwest corner on steps

CREW CHIEF MEETING WITH AREA SERGEANTS: 08:00hrs

FULL CREW CHIEF MEETING: 08:15hrs

SEMAPHORE TEST: 08:15hrs- REQUIRED TO PASS PROBATIONARY STAGE

CREW MEETING: 08:30hrs (Turn in individual stats, get schedule, and assignments, and information from Crew Chief)

OFFICERS' MEETING: 08:30hrs

USLA ANNOUNCEMENTS: 08:45hrs

GENERAL MEETING: 08:50hrs

LIEUTENANTS' MEETING: 09:45hrs

Opportunity to Compete: Ocean Series – Bethany Beach, DE

Work-out: Run Day - Crew Chief determines specific workouts

Surfing Beaches: Inlet OPEN / 35th Street / High Point - North (114)

Tides: High: 6:22:00 PM
Low: 11:49:00 AM

Special Events: Jesus at the Beach-Beach and Stage at Caroline St.,

Celebration of Life *****Attention all Beach Patrol*****

The family of 14 year old Gavin Knupp is having a celebration of life and paddle out on 36th St. on July 23 at 1700hrs.

Local surfers will be paddling out. Family has requested beach patrol employees to participate in the paddle, and if so, to be in reds on paddle boards.

Please Note!



Completed stats are due each Monday by 18:00hrs
Crew member names for new week are to be added by 18:00hrs on Tuesday



If you have a picture or video clip that you would like to see on our official OCBP social media pages, you can email or text it to Kristin. She will get it approved and schedule the posting. Be sure to send a picture, exact wording and hashtags. You may specify the time and date to post.
kjason@oceancitymd.gov
cell 301 751 3021

Monday, July 25, 2022(continued)

OC Dance Party-Caroline St. Stage-19:30hrs, Drone Show-Dorchester St.-21:30hrs,
 Movies on the Beach-Luca-27th St.-Movies start at dusk

Beach Weddings: None

Beach Bonfires: 58th,78th, 107th,110th,116th,127th, 133rd, 139th,141st,144th (2)

UPCOMING 2022 BEACH PATROL EVENTS

July 19	Floor Hockey – Northside Park 1900hrs.
July 21	Ultimate Frisbee – Dorchester St. and the Beach 1800hrs
July 22	Area Competition-65 th St.-1830hrs
July 22	Fitness Fridays-TBA-0800hrs
July 26	Floor Hockey – Northside Park 1900hrs.
July 28	Ultimate Frisbee – Dorchester St. and the Beach 1800hrs
July 29	Fitness Fridays-TBA-0800hrs
Aug 2	Floor Hockey – Northside Park 1900hrs.
Aug 4	Ultimate Frisbee – Dorchester St. and the Beach 1800hrs
Aug 5	Fitness Fridays-TBA-0800hrs
Aug 9	Floor Hockey – Northside Park 1900hrs.
Aug 11	Ultimate Frisbee – Dorchester St. and the Beach 1800hr
Aug 12	Fitness Fridays-TBA-0800hrs
Aug 13	PEPSE # 1 for 2023
Aug 13	Crew Comps 1815 Location to be determined
Aug 16	Floor Hockey – Northside Park 1900hrs.
Aug 17	PEPSE # 2 for 2023
Aug 19	Fitness Fridays-TBA-0800hrs
Aug 20	PEPSE # 3 for 2023

Upcoming Town of Ocean City Special Events

USSSA	July 19	Daily	Wicomico to Caroline Streets
Red Bull Foam Wreckers	July 23	0900-1600hrs	35 th -36 th St. Beach
Jesus at the Beach	July 25-28	Daily	Beach and Stage at Caroline St.
Marlin Fest	Aug 8-12	Daily	Inlet beach and Inlet Parking Lot
Beach 5 Sand Soccer	Aug 6	Daily	N. Division-3 rd Street
ESA Summer Surf Series #3	Aug 6-7	Daily	Beach from 30-1/2-32nd St.
OC Cruzers	Aug 14	1430-1800hrs	Somerset St. Plaza
Surfers Healing	Aug 17	Daily	37 th Street
APBA Powerboat Races	Aug 21	1200-1600hrs	Ocean from N. Division to 20th St.
Jeep Week	Aug 25-28	Daily	Beach and Inlet Lot

USLA/OCBP 2022 COMPETITION SCHEDULE



July 2022

- July 18 – Ocean Series- Dewey Beach, DE
- July 20 – USLA Regionals – Crafts – Wildwood, NJ
- July 25 – Ocean Series – Bethany Beach, DE
- July 28 – Rehoboth Olympics – Rehoboth, DE

August 2022

- August 1 Ocean Series- Fenwick Ultimate, Fenwick, DE
- August 4 – Ocean Series- Middlesex, DE
- August 8 – Junior Lifeguard Comp- Rehoboth, DE
- August 10-USLA JR/U19 Nationals-Hermosa Beach, CA
- August 11-13 – USLA Nationals- Hermosa Beach, CA

<u>Stats.</u>	<u>Week 7</u> 7/4/22 to 7/10/22	<u>Week 7</u> 7/5/21 to 7/11/21	<u>Week 8</u> 7/6/20 to 7/12/20
Action			
Preventions	9111	19270	13000
Rescues	121	540	460
Minor First Aid	181	329	158
Ambulance Calls	10	23	16
Police Calls	5	5	5
USCG/MDNRP	0	1	1
Lost/Found Persons	31	40	24
N. Surf Beach Population	192	NA	262
S. Surf Beach Population	146	NA	180
Inlet Surf Beach Population	46	NA	4
Beach Wheelchair Usage	26	29	10
Smoking Enforcement	419	555	1168



Keep your feet in the sand,
 until the lifeguard's in the stand!





Sent: Monday, July 11, 2022 3:26 PM
To: Edward Kovacs; Butch Arbin

Just wanted to give a shout out to Hunter, the lifeguard for 136th street today. As you know, the waves are strong today and he has been on it all day. He is constantly vigilant and yet very good humored as well. He's great lifeguard and we feel really comfortable with him keeping an eye on us today. Thanks Hunter!

Gwendolyn

****Call for Volunteers****

APBA OFFSHORE Power Boat Race

This event is taking place on Sunday, August 21, 2022. The event coordinator is seeking individuals to serve as safety Divers. There will be a Medical and Diver briefing at 8:30 AM at Crab Alley restaurant, safety crews will be on station at 10:30. First race begins 12:00 and the awards party is at 7:00 PM. This is a volunteer event; however, participants may attend the Friday night and Sunday night social events. Anyone interested must be scheduled off for Sunday, August 21, 2022.



To: Butch Arbin; Kristin Joson
Subject: Atta boy June 5

Hello!

I looked online and couldn't find a good email address to send a note of thanks to the wonderful group of lifeguards who helped my son today.

My 9-year-old son John took a nasty tumble on his boogie board today on 100th street (at the English Towers). The lifeguard let us know that he was going to call the paramedics, just as a precaution.

Your lifeguard who sits at 100th street (W. Turner) is such a great guard. He is truly kind and professional. Another guard came and sat with us and took our information while we waited for the paramedics, he was also fantastic. A gentleman in a white polo shirt also came and chatted with John while we waited. An additional guard in blue shorts joined us, he was also really kind and attentive. The paramedics came very fast and although thankfully John didn't need a trip to the ER, he was treated with so much care. I've been spending summers in ocean city for 44 years and I've never had an encounter with any lifeguard, today was the first time.

I just want to thank all of these wonderful people who cared for my little guy. The job these men and women do is so important. We made sure to say "thank you" in the moment, but, I want to make sure their superior knows just how fabulous they are.

Thank you so much for all you do every summer to provide a safe and fun experience for me and my family, we are truly grateful!

Thanks again,
Susanne, Steve, Joe and John



**Keep your feet in the sand,
until the lifeguard's in the stand!**



OCBP Question-of-the-Week for The Worcester County Times

I was staying on the beach in one of the high rises in the northern end of Ocean City, when the guard pulled everyone together and told us to be careful because the shorebreak was expected to be particularly bad. Although the lifeguard explained to all of us the dangers of shorebreak, what else can you tell me about this type of danger?

Before you can understand shorebreak, you need to understand a little bit about wave action and the contour of the ocean's bottom (bathymetry) close to shore. A wave is a body of water moving along the surface of the ocean. It loses speed and gains height as it approaches more shallow water depth such as a sandbar or the shallows that always exists at the shoreline. The size of the wave is affected by how strong the wind is, the direction from which it is blowing and tropical activity in the Atlantic. As tropical events form and approach the east coast they cause large and sometimes rough surf especially in late July and August. As a wave passes over the ocean bottom and the depth decreases, the energy of the wave is forced up until the wave can no longer maintain its form and it breaks (top of wave plunges forward). Depending on the tide, and the depth of the water, the waves may break on the sandbar causing the force of the wave to plunge into the deeper trough (this is the type of wave that is appropriate for body surfing or body boarding). However, during high tide the depth of the water over the sandbar will allow the wave to continue toward the beach continuing to build in size until it eventually runs out of water depth as it arrives on the beach. When this happens, the wave will break on the shoreline with all of its crushing force. This is what we call shorebreak and consequently, swimmers in shorebreak, land directly on the sand. These waves are unpredictable and dangerous because they can cause serious shoulder, neck, and spinal injuries to even the most experienced swimmer. The beach patrol recommends that you never attempt to ride waves that are breaking on the shore or play in the impact zone (the area where the force of the wave is being delivered). Standing with your back to the waves allowing them to crash into your back is like being rear ended in a car accident and may result in a whiplash type injury to your neck or back.

Although the beach patrol treats even the most minor injury to the head (abrasion on forehead, bloody nose etc.) as though it was a life and death spinal cord injury, most turn out to be minor muscular injuries rather than the more serious fractures of the vertebral column. Of the suspected head/neck and spinal injuries we respond to, 60% are caused by swimmers who ride a wave into shore incorrectly, and the other 40% are caused by swimmers diving into shallow water (which occurred to 19 year old on July 4, 2019 and has left him paralyzed) or doing tricks such as flips and striking their head or neck on the ocean floor.

Be reassured that when the need arises, the Ocean City Beach Patrol is ready to respond. We have worked with trauma doctors to update (from Hawaii) and develop a specialized technique to manage suspected head, neck, and back injuries. Our technique has been so successful compared to other methods that have been taught around the world for many years, that we have been asked by some of the largest and most well known (LA county, CA) Beach patrols to share our method and our training materials so others can start using the "Ocean City Beach Patrol" technique. Because of the great successes with this technique, the "Maryland Institute for Emergency Medical Services Systems", recognized the Ocean City Beach Patrol with the "Outstanding EMS Program Award". Although every Surf Rescue Technician is trained and skilled in the use of these techniques it is far better for our beach patrons to have injuries prevented rather than treated. The mission of the Patrol and each Surf Rescue Technician is to Educate, Prevent and lastly to Intervene when necessary. When body surfing, we recommend doing so with your head up and your arms out in front of the body to protect yourself. If using a boogie board, make sure you keep it out in front of you to prevent your head from hitting the shore (ride on the back half).

Taking responsibility for your own actions and spreading the caution about spinal cord injuries is the greatest form of prevention we have. Many people just do not realize that wet sand is just as un-yielding as concrete and that it is the bones of the spinal column that cause the damage and possible paralysis that results from the impact of your head, neck or back with the beach. Most people would never think of attempting a flip in the middle of a parking lot for fear of striking the ground. However, many of these same individuals will attempt these aerial maneuvers on the beach or into a few inches of ocean water, with the all too often result, of witnessing our spinal stabilization technique first hand. Please, use your brain (think before you act) to protect your spine and think before diving or riding breaking waves into the beach. Have fun but remain safe! The beach patrol reminds you to always check water depth before diving. Our saying is, "Feet first, first time" which is to remind you to walk out into the surf rather than running and diving. Whenever in doubt, please feel free to ask the lifeguard on duty about the current conditions.

Captain's note: Although the Beach Patrol's focus is on Ocean safety, we sometimes see very serious neck injuries on the bay side from diving into shallow water. Just like the ocean the bay is very shallow near to shore and has sandbars throughout the bay. Diving off bulkheads, piers or boats can result in a serious head, neck or back injury or death. Always go feet first the first time and if not sure, never dive into unknown water. Remember water safety isn't just for the beach!

Striking the ocean bottom with your head or neck may cause serious injuries, paralysis, or death. "Feet first, first time." To check the water depth.

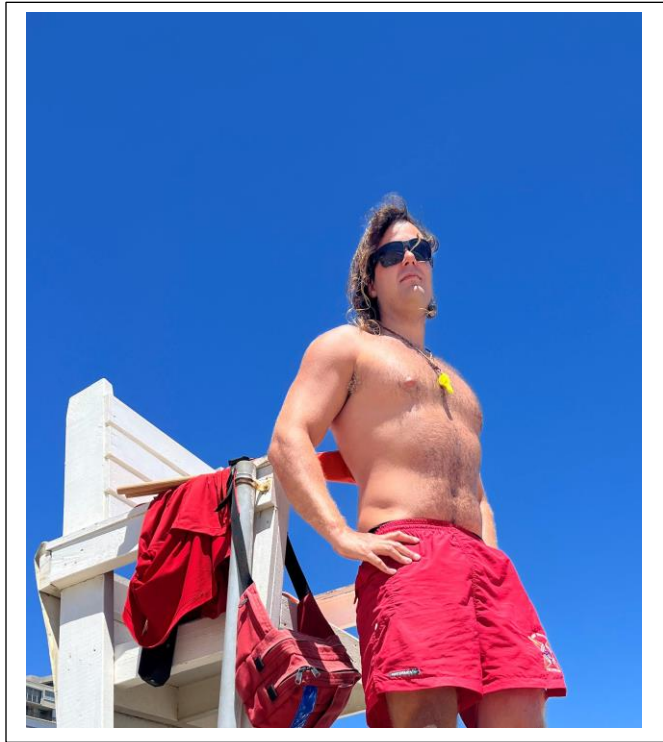


Meet the Lifeguard: SRT Max Coleman

SRT Max Coleman in crew 14 and sits the stand in front of the Rainbow. This is his 3rd summer with the beach patrol. Max likes to club swim at Hopkins, go running, cycling and lift weights. He is a master's student of Composition at the Peabody Conservatory in Baltimore. His main background as a musician is in the orchestra as a bassoonist but he also plays keys, saxophone, bass, ukulele, and he sings in the choir. His compositional work includes pieces for orchestra, chamber music, and pieces for solo bassoon.

SRT Max Coleman and the other lifeguards of the Ocean City Beach Patrol are glad to answer any of your beach and water safety questions.

If you think you would like a position with the Patrol like Max, ask any of our guards or visit our website at JoinBeachPatrol.com. Testing for our 2023 paid Surf Rescue Training Academies (\$18.44) will begin this August. Anyone can get a job... But with the Ocean City Beach Patrol, YOU can make a difference!



**2022-2023 OCBP Testing Opportunities
Pre-Employment Physical Skills
Evaluation (testing) for the 2023 Season**

August 13, 2022 (Saturday)- Ocean City, MD

August 17, 2022 (Wednesday)- Ocean City, MD

August 20, 2022 (Saturday)- Ocean City, MD

Registration at 09:00hrs; test begins at 10:00hrs



ATTENTION!

We just added an additional PEPSE on Saturday, October 1, 2022. Our hope is that once you are back at you home away from OC you will have the opportunity to recruit for the October PEPSE.



**Keep your feet in the sand,
until the lifeguard's in the stand!**

